

The SECRET Science of WHITE MAGIC



The Science of
The Soul

RUSS MICHAEL

Dedication

This book is dedicated to the new group
of World Servers who build bridges
among Humanity on Earth from the
known to the unknown.

**The Secret
SCIENCE
of
WHITE MAGIC**

**The Science of the
Soul**

By **Russ Michael**

Author of long-time bestseller *Finding Your Soulmate*
and
Soulmates, Twin Rays and Special Lovers
Autobiography of an IMMORTAL
Your Soulmate Is Calling
and many others

The Secret SCIENCE of WHITE MAGIC **The Science of the Soul**

Russ Michael Books

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Front Cover Art:

A highly talented volunteer Russ Michael eBook Team artist who prefers to remain anonymous created the beautiful front cover art for this book and for most of the other Russ Michael eBooks. The artist states:

"I just have to say this. Because of this immense effort that I have been putting forth, it has kept me coherent, sane and remaining in the light. It has kept me happy, moving forward in creative endeavors, and most of all, ALIVE. Thank you, dear Michael, for your giving freely to all that have 'ears to hear, and eyes to see' of yourself, and that you are fulfilling the reasons that you came back into this life at 18 years old. Whenever you embark on ANY journey, you do it in a BIG way ... and that is incredible. A wonderful example to ALL ..."

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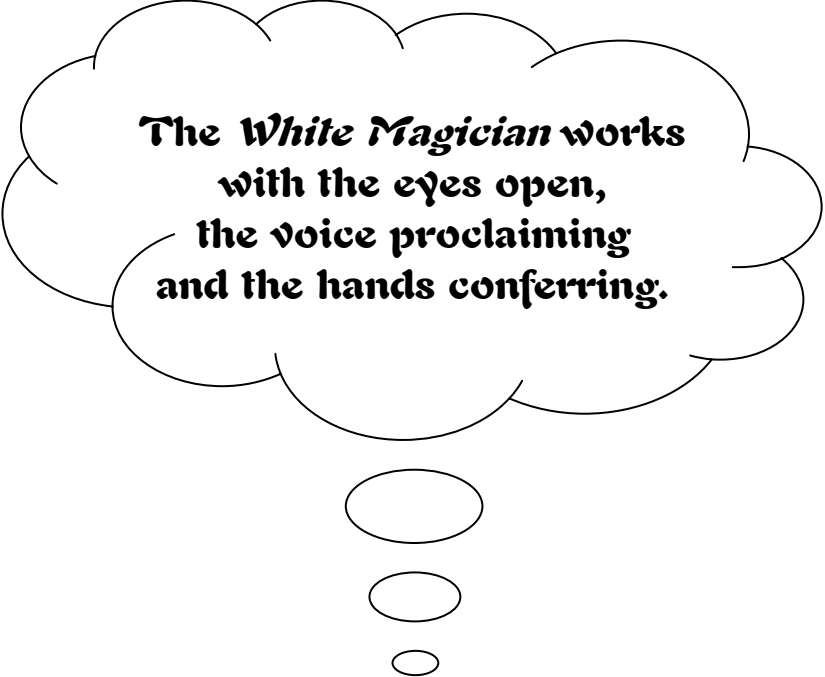
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**The *White Magician* works
with the eyes open,
the voice proclaiming
and the hands conferring.**

Djwhal Khul

Foreword

by Dr. Jonathan Stone

Throughout all of history, there have been enlightened men and women who understood the knowledge contained in this *book of light*. That knowledge was guarded, lest it fall into the hands of those who might abuse it.

Now the *secret veil* has lifted from the “Mysteries” of time immemorial and all who have ears to hear and eyes to see may understand and know the Truth. What is the *key* to this Truth? It is that we are *gods*. We all have divinity within us. This is the “*magic of the soul*”. As we accept, understand, know and work with this wondrous power within us, we practice *The Science of White Magic*.

We will find ourselves experiencing new dimensions of being filled with beauty, love and wisdom because we *choose* to learn and apply the great *Laws of Nature*.

Our beloved and most enlightened brother *Kahlil Gibran* wrote, “An epoch will come when people will disclaim kinship with us as we disclaim kinship with monkeys.” Perhaps that epoch is here now since so many are claiming kinship with not only the monkeys, but with the plants and even planets! We are finally recognizing our unity with all life and in so doing, we are lifting not only our consciousness, but that of creation as a whole—“No man is an island.”

Nothing shall be impossible for us if we correctly understand and rightly work with the great laws that govern nature. The greatest law of all is

love. The Master Magician understands this and is ever guided by love in all that he or she does. In this great love there is a profound knowledge now of these immutable principles and laws that govern this universe. It is not a “blind love” but rather an understanding love that ever motivates and directs all the activities of the modern day very enlightened magician.

As one reads *The Science of White Magic* by *Russ Michael*, one realizes that a genuine Master of White Magic writes the volume. You, too, can become a Master as you apply the knowledge given in this book for within you is the potentiality of greatness—it is the magic of your own soul.

Humanity is evolving collectively and individually. Some individuals are evolving quickly now as the Age of Aquarius comes in steadily. You are in that advanced company. How do I know? Because you are reading this book written by one of the more enlightened souls on our planet in our very present time—*“like attracts like.”*

Once there was a farmer who found an eaglet that had fallen out of its nest. He took it home with him and raised it with his chickens. He clipped its wings whereby it could not fly away from his barnyard. The eaglet ate what the chickens ate, it walked like a chicken, and it talked like a chicken. It had “chicken-consciousness.” Slowly its wings grew out, but it was unaware of their use. Then one day a mature eagle flew over the barnyard and let out a cry. The call awakened the “eagle-consciousness” in the young eagle and with great alacrity; he flew into the vastness of the heavens. We also are hearing “the call” of the heavens and

we are awakening to our true selves. Pierre Teilhard de Chardin would call this a crisis point. We go through many such transitions as we constantly evolve up the golden spiral of light, winging our way to the stars.

Therefore, it is with great joy that I introduce you to this book and its author, because I know the Law and from this day on you shall constantly be changing for the better because of your encounter with the Truth stated herein.

This book is a Seed of Truth planted in the mind of humanity and it shall help bring forth an abundant harvest of gradual mass understanding for our beloved planet. The *light* of that understanding shall usher in a whole *New Age*.

Dallas, Texas

Jonathan Stone, Pastor

Unity Church

Preface by Author

The idea that *magic*—white or black—exists in today’s ultra modern world may seem far-fetched, but nevertheless magic does exist! I know because I am a conscious practitioner of white magic and I know many other *white*—and a few *black*—magicians in the world, past and present, who understand and use *the Law* or the principles of nature to produce magical effects in their very own world and in our collective Earth planetary environment.

Magic is the super-ordinary knowledge and subtle use of the elementary laws of nature. The magician knows that all of vast Creation and our entire universe is an eternally *vibratory* and *entified* structure.

Creation is made up of *sentient*, vibrating, living entities of various grades and myriads of unique hierarchies of *life*. The magician knows that all visible or invisible substances—matter, mass or energy—by Law simply expresses a vibratory form—a *formula* or a number, or a combination of forms or numbers—of life.

A magician—white or black—is thus a man or a woman who knows how to use the leverage of a greater form, or the living vibratory aspect of life, to influence and offset effects of an offending lesser form of life. Does it matter if we say that the magician uses a greater law of life to offset a lesser law of life? We could use the word *principle* instead, for law and principle are equal or synonymous terms. Words often tend to obscure and confuse. All ideas

lose purity or clarity when lowered into form or limited within the inscribing, in-walling confines of *concrete* intellect.

White magic is described often in *bibles* of the world. Yes, the *Master Jesus* demonstrated it many times. The saints have all healed and aided many through magical means. The Wise Men from the East, or *Magi*, were white magicians in the truest sense of these words.

Magic is older than time. *Great Adepts* hold and pass on their occult knowledge to all human-bearing planets in the universe. Our knowledge of the mysteries of life antedates the recent formation of our planet Earth by thousands of *eternities*.

All nature expresses itself as *duality*. White and black magic are simply reflections of the dual streams of life; *building* or *destroying* form. These two primary streams of energy, which are opposed to each other, are expressed in two unique types of motion: *centripetal* and *centrifugal* force—toward and away, involutionary and evolutionary, inward and outward, etc.

The effects of these two motions show differently: as destroying or building; or as separating or fusing the form or forms of life around them. *White magic* loves, evolves and builds. *Black magic* hates, involutes and destroys.

Once the magician has learned the few great laws of nature, he or she can accomplish all kinds of seeming *miracles*. At this exact moment in time, in human bodies on Earth, there are magicians who can demonstrate every conceivable kind of mind-over-matter control that you or I can imagine. This

includes telepathy, teleportation, psychokinesis, levitation of the body, psychometry, clairaudience, clairvoyance, and the like. All of these, no matter how impossible their magical feats may seem to the teacher or student of academic science, show in the daily miracles that occur constantly around us, performed by these astute, adept, white or black magicians. In fact, these “occurrences” are even being proven under strict, carefully documented and *scientific* laboratory conditions.

For an average person, our world teems with mysteries. Nonetheless, certain daring individuals have solved many of these *secret* laws of nature—unearthed by themselves—to further the speed and breadth of their own evolution, and keep constantly busy aiding the further evolution of their own kind.

What is the difference between a white magician and a black magician? The white magician works with evolution to build up, integrate and unify individuals, groups and nations. The black magician works for his or her own selfish ends and destroys, separates and divides individuals, groups and nations.

Both white magicians and black magicians follow the exact same *preliminary* training course. Both pass out of the *Hall of Ignorance*, where the average humanoid resides, and through the *Hall of Knowledge*. The same *Book of Knowledge* is also carefully read, pondered and applied.

When the *aspirants to magic* gain a major control of their own etheric, astral and mental body, she or he then becomes a conscious *Initiate* of the *Third Degree*. She or he is faced with a major decision: to traverse the right-hand path or the left-hand path,

or to become a white magician or a black magician. A choice of the left-hand path and she or he becomes a black magician. There, they abide in the Hall of Knowledge until the planetary form of which they are an integral part—our planet Earth in our case. Then their self is soon disintegrated and body mass is duly returned back into the reservoir of substance or mass in that planetary and solar system.

The aspirant who chooses the right-hand path to become a conscious white magician then enters the *Hall of Wisdom* for further training. There, he or she takes a strenuous course finally to become a *Master Magician*—a conscious *Master of Wisdom*—an Initiate of the *Fifth Degree*.

As *Master Magician*, they may choose to work with planetary systems throughout the universe—but if not, they pass out of the influence of our planet Earth and out on one of six *select paths* in consciousness leading out of our solar system and into cosmic realms. The white magician continues upward, inward and onward to greater expansion and Self-realization until finally *God-consciousness* becomes once more their own divine perspective. I pray this volume on white magic will bring interest, knowledge and the magic of unending joy into your divine existence on Earth. *So be it.*

Russ Michael

Chapter 1

There Definitely Are Miracles

To deny the existence of miracles today would be foolish and extremely unrealistic. We clearly live in the age of miracles! The myriad of miracle-makers like *Kathryn Kuhlman*, *Jack Schwarz*, *Swami Rama*, *Peter Hurkos*, *Komar*, *Wolf Messing*, *Nelya Mikhailova* who healed the unhealable, demonstrated control of mind over matter and astounded with their gifts of prophecy, telepathy, clairvoyance, clairsaudience, psychometry and a plethora of other amazing divinations. The majority of these World Servers listed above are brothers and sisters on Earth whom I personally knew and worked with when this volume was first written in 1974.

There is an obvious, measured result of a sudden uprising of interest in the occult. One large business advisory firm discovered and disclosed in a recent poll that the interest in the occult has leaped from *six percent* to *eighty-five percent* in the USA in only the last four years. Such a strong, new value trend vitally affects policy-makers, religious leaders and business people. When you discover that 85 out of 100 people are showing a personal and active interest in anything, you know you are dealing with a very potent factor in the colorful kaleidoscope of our sentient human life on Earth.

Yes, indeed, *miracles* are a fact of life today. Anyone—whether in a role of a politician, minister, businessperson, scientist, or student or analyst of world affairs—would be acting like an ostrich with its head in the sand if she or he denied the so many miracles of life.

Edgar Cayce, “The Sleeping Prophet” of Virginia beach, VA, USA, was one of the most documented miracle workers in modern history. He was able to see thousands of miles away while his physical body lay in a deep trance. He accurately diagnosed diseases in patients, bringing great health and due psychic relief to so very many, when orthodox doctors were admitting they were unable to be of any further help to those individuals.

Soon hundreds of medical and professionals from all occupations converged on the A.R.E. files in Virginia Beach, Virginia, USA, hoping to be able to refute the thousands of documented case histories. Almost without exception, they found that the records were accurate and unassailable. Many wound up becoming new and powerful missionaries of the *Cayce doctrine*. Some of them wrote carefully researched and documented scientific papers or books. Some quoted a good supply of Edgar Cayce “readings” to verify their own exciting and newly discovered insights into the formerly hidden world of magic and miracles.

Swami Rama demonstrated artful control of mind-over-matter (psychokinesis) under very carefully supervised and well-documented laboratory conditions at the renowned Karl Menninger Foundation in Topeka, Kansas, USA. This masterful Swami also showed on request that he could at will

stop his heart from beating for over 20 minutes without suffering any brain damage and that he could raise and lower his body temperature 10 degrees. To *Swami Rama*—and to any other initiates into *the mysteries*—there are no *miracles*, merely the use of natural Law—**the secret**—that Swami Rama understood and now commanded after lifetimes of decisive study and daily practice. Yet to the person on the street, his well-demonstrated *white magic* certainly seems like a genuine and extraordinary *miracle*. *Swami Rama* also speaks eleven languages fluently.

Jack Schwarz (1924-2000), my good long-time friend and founder of the Aletheia Foundation near Selma, Oregon, also has been tested by the Menninger Foundation. He proved his mind-over-body ability to be genuine. Jack has shown hundreds of doctors—as well as millions of TV viewers and lecture audiences—that he can wound his body and heal those wounds *before their eyes*. Longtime television host and creator of The Tonight Show, *Steve Allen*, after witnessing Jack perform his miraculous feats, aptly dubbed Jack Schwartz “The Man of Tomorrow”.

Peter Hurkos (1911-1988) became known throughout the world as a psychic who performed extraordinary feats of psychometry. Time and again he has merely touched an object such as a letter, a ring, or a piece of cloth and told a fascinated viewing or listening audience countless true “hidden” facts surrounding the owner of the psychometrized object.

“The Great Dunninger” astounded radio and huge television audiences for several decades, re-

peatedly, with his obvious ability to read minds as easily as the average person reads a newspaper. However, this master of telepathy goes a huge unique step further. Dunninger shows that he can make his subject think only of the thought that he, Dunninger, wishes him to hold in his mind! By his example, it becomes quickly apparent—if you think at all—that thought control is no mere or empty fanciful phrase. Dunninger, as I have done so very often, clearly proved and demonstrated that telepathy is a natural, innate aspect of human nature. Therefore, it certainly behooves us to examine our thoughts more clearly. Do they really belong to us? Are the thoughts of our own making or are mental images impressed upon us by others? Actually, all thoughts are harmless and impotent unless you empower them by giving them your strong focus or steadfast attention.

Wolf Messing (1899-1974), an amazing psychic from Russia, proved to Russian scientists and laypeople alike that he could use mind power to control anyone that he chooses. He actually showed that he could “cloud men’s minds” to make them think that a torn piece of newspaper was a genuine bank check or passport and that he was another person. Even the royal guards of Stalin were fooled into letting him pass through the highly secured gates when he mentally tricked them into thinking he was Beria, one of the few men allowed to pass freely into Stalin’s presence.

Nelya Mikhailova, a Russian woman, astonished the scientific community in her country by showing under strict laboratory conditions that she could move objects freely from place to place.

In one experiment, she mentally separated the white of an egg from the yolk, and then returned it to its original position. Delicate instruments used in connection with these experiments showed that Nelya actually beamed out a strong electrical field from the region of her forebrain. This is the area known in **the secret** or *occult* jargon as the *Ajna Center*, the seat of our power to focus or concentrate our thoughts. Again and again, highly improved new scientific research and more sensitive instruments constantly bear out what the “occultists” have known and declared for centuries.

Kathryn Kuhlman (1907-1976) became internationally known as a powerful focal point for astounding healing miracles. On two separate occasions, I have personally seen her help many so-called “incurables” experience instant healing. Through her ability to create a strong psychic atmosphere along with her equally powerful *invocations*, the blind see, the lame throw off their crutches and walk. the deaf hear, goiters vanish, and children and adults with cancers and other death-dealing illnesses recover instantly, *fully cured*.

Dr. Shafica Karagulla tells in one of her marvelous books how a clairvoyant, working with her on her own medical case histories documented during seven years of accurately recorded experiments, clearly proved she could see all three human energy bodies—the etheric, astral and mental.

This unusual *clairvoyant* could correctly diagnose confidential case histories simply by looking at the electrical condition of any or all of the seven major electrical *chakras*—etheric centers—within any

one or all three human energy bodies. If a portion of the anatomy missing, even with the patient fully clothed, this clairvoyant was able to note and relay it for the record to Dr. Karagulla so that healing modalities could be initiated.

Another unique psychic who worked with Dr. Karagulla on some of her many case histories was able to “feel out” the illness—or good health if a “ringer” was brought in— of each individual through a conscious, highly sensitized and empathetic reaction. The psychic said she experienced a very similar condition *as the patient had in the exact same part of her very own body.*

Add to the above data the countless testimonials so often heard around the world by otherwise very ordinary individuals. The “dead” have contacted some and others, like me, see spontaneously into or remember former Earth lifetimes. Others—again like me, as revealed quite often in my recent book, *Autobiography of An IMMORTAL* book—have often been clearly forewarned of impending personal or family misfortune. Still others have had many telepathic flashes, quick intuitive hunches, accurate feelings, etc. Thus, we realize that to deny this vast gamut of clearly evidenced and so commonly known miracles today is unrealistic. *Yes, yes, yes! There are miracles.*

Now let us find out exactly what makes a seeming miracle in nature possible.

Chapter 2

What is Magic?

NOTE: I use the words “*man, his, he*” to simplify the writing. Please know that both genders are represented, for both man and woman are equal and divine goddesses or gods on Earth.

Magic is the use of a greater law of nature to offset temporarily a lesser law of nature. Magic is nothing less, nothing more.

As the student of the Law goes deeper into the study of the “mysteries” of life widely known today as *The Secret*, the student finds that all knowledge reduces to a natural simplicity. For example, all sickness is the result of too much or too little energy flowing through a given area within any particular system. Energy follows thought. All forms of existence are direct extensions of the ONE LIFE, thus the Law of One immutably governs all existence. There is nothing but Self. All of us are extensions of the ONE SELF and what appears to be *not-self* is merely the relative state of that one self complying with a lesser law, extending or branching off from the *Law of One*. This lesser law is known as the *Law of Three*. In turn, the *Law of Seven* exists as a lesser law *within* the Law of Three.

All magic is based on the conscious knowledge and the full control of three basic and major laws of nature: the *Law of One*, the *Law of Three*, and the *Law of Seven*. The new aspirant who learns to

think *synthetically* (Law of One), *three dimensionally* (Law of Three), and in *seven-fold planes or dimensions* (Law of Seven) can soon exhibit magical powers. The Law of Duality is another subordinate law of the Law of One. It is usually the first major fully realized and controlled Law in the life of aspirant's life.

The magician simply wields the unique forces contained within these various laws to produce his spectacular results. In the process, he or she must always make use of a greater law or force to control a lesser force. Think it through. You do not have to be a rocket scientist or a philosopher to grasp or to understand this absolute universal principle. Ordinary logic will convince you of the truth of these statements. There exists no exception in the universe. The greater energy always controls the lesser energy, and the One always *extends* as a *unit of three*. Magicians always exercise a greater control over themselves, their environment and others than do those who are not magicians. It is no mystery, then, that once someone is aware of these powerful and immutable laws of nature, he or she begins eagerly to learn all that about them.

It is also an innate law within man that he yearns to be *free*. He longs to exercise total free choices in the world, to have conscious dominion over the forces of nature that now blindly immerse and surround him within an awesome spectrum of great agony to majestic glory. The magician, who has unveiled these laws of nature and learned to discipline his "form aspect", gains conscious liberation from all of the limitations of matter.

First, he attains control over his very own immediate nature, subjectively and objectively. From there it becomes an easy step to work intelligently with the laws of nature instead of blindly feeling his way through the labyrinth of material obstructions, and often much worse—sometimes blindly—*against* the laws of nature. “*To see or not to see!*” aptly describes the stark difference between the magician and the common person on the street. (Please clearly understand that the term “common person” is not a “put-down”, but merely describes those currently ignorant of the law.) The white magician does not separate and hold himself egotistically “above” others. He always thinks and deals in terms of energies and hierarchies of existence. The term positive or negative to the average or initiated person—merely holds a descriptive image that permits another to see the difference between one dual aspect of nature and another. The white magician knows that everyone is fully divine, yet he clearly differentiates between potential and actual energy. *Source* is within all of us—within every atom—but how much? This vital knowledge of how much or how little *God-force* resides within any aspect or form of life makes up the alluring and highly fascinating textbook of the new aspiring magician.

The pondering reader might ask, “If there is such a very clear difference between liberation and imprisonment of the self—and easily learnable laws of nature to offset the offending laws—why are there not more conscious magicians evident among all of humanity today? Why are we not then all greatly learned and practicing magicians?” The answer is that until man becomes fully aware of his own sacred inner ‘I Am’ *God*-self-identity and of his quali-

tative self, he simply moves along in his affairs of life almost totally identified with his environment as a unit of one. He is steeped in mass consciousness, and even though he may proudly and arrogantly proclaim his obviously wondrous individuality, he cannot yet consciously disassociate his own unique *Source*-self identity from that of his environment.

Only when the introspective human being realizes that he is not the body, not the emotions and not the mind does he awaken to his true self-identity as a living ever-immortal soul. As long as he erroneously continues to identify with any one—or all—aspects of his lower self, his true “higher self” will be a mystery to him. Only through quiet meditation on his problem, which usually occurs only after the grief of his self made self-imprisonment becomes too obvious and finally too unbearable, does the awakening self see his past mistake and choose to rectify it. This sudden new awareness provides his first conscious entrance into the alluring realm of magic. He sees that he must become a student of nature—thus an aspirant to magic. Note the “back-to-nature” movement that is gathering momentum in the world today. The liberated individual realizes that liberation comes only to those human soul individuals on Earth—or to any other sentient animal or man-bearing planet in the universe—who achieve self-knowledge and conscious control of the basic laws of nature. When one has started to awaken, no one can turn him back to his former mundane, distastefully imprisoned existence. She or he now knows too much. *You can never UN-know what you know.* The soul of man must and will eventually demonstrate its own di-

vine nature. To those uninitiated into the mysteries of life, call the demonstration of this awesome power magic. To me or anyone else who clearly comprehends and uses these powers for white (or for black) magic, everything is *natural*. Magic is simply a word that is describing laws of nature *at work* that seemingly overpower subordinate laws of nature to accomplish seeming miracles.

Those who have read a few of my other books will recall that I define magic as the use of focused mind to speed up natural processes. Time and space—two constituents of life's *threefold unity*—are provoked into sudden new modifications of their form aspect through a masterful control of the third element of reality ... motion. The slowing down or speeding up of this element in nature we call motion will produce unusual or miraculous results: *magic!*

The fanatically religious individual and the extremely ignorant type of person will be quick to associate all magic with the work of the devil. They are quick to accuse every magician—whether a very *divinely possessed* man like *Edgar Cayce* or the obvious white magician *Swami Rama*—of being a *Satanist* in league with the *devil*. Of course, these same unthinking individuals forget too easily or too conveniently that *Moses* and many other latter-day Biblical occultists knew and practiced white magic! It might come as a very great surprise to any mentally stunted individual that *time* did not end with the formal gathering and printing up of the Gospels—and that magicians exist in our society today—and that some magicians are obviously *white* magicians.

Magic can also be defined as a ritual—as an ability to set up certain vibratory rhythms or patterns of energy to increase, or even counteract, an already existing vibratory energy pattern of form. By using mind-power and sound or mantrams, the magician can impel the live elements—which really are elementals or devas of nature—to conform to a new pattern and form. The magician is a man or woman who through much self-discipline and increased sensitivity has learned how to contact and control the many hidden forces of nature within self or outside self, hidden to normal sight and touch.

The yogi who walks placidly on glowing red- or white-hot coals, walks upon on a bed of jagged glass without feeling pain or sustaining the slightest injury or wounds himself and stops the blood from flowing, healing himself within a short period of time (as my dear friend Jack Schwarz does) uses magic simply and clearly. These modern day magicians know how to hold their consciousness at such a high level within their own systems that the atomic particles and molecules comprising their form are modified into whatever physical structure they envision. Jack Schwarz says *what he has done you too can do!* I also sound that identical same sweet mantra.

Jesus was definitely a white magician who manifested many miracles. Like Jack Schwartz, Jesus also went on record to say to his disciples, “Greater things than these ye shall do!” He also said, “Know ye not that ye are gods?” and “The kingdom of heaven is within!” I know *Jesus* is right. *God* rests within the very heart of each *being*, no matter how large or small that *being*. All the conscious magic and daily miracles of the universe will

begin to flow unimpeded through you or me—or anyone in Creation—as soon as we learn how to work with the Laws of nature, for it is truly so—*all of us are gods*.

In reality, we each certainly are not *God-the-Whole*. We each and all are simply *an extension* of God, a differentiated living *aspect*. Somewhere within the heart of all manifestation, no matter how awesome and all encompassing it appears to us, you and I are each an individualized *immortal living God 'I Am' self part*. The continuous self-discovery of that *God-Self* is clearly what the magic is all about in this universe!

Ω

THE SECRET IS NO SECRET ANYMORE...

As revealed in my *Autobiography of an IMMORTAL*, I tried many personally planned experiments and successful mind-over-matter experiments. I have often seen genuine miracles performed by others. I, too, have performed several astounding miracles on my own many times.

Step 1 to 3 in the threefold process of manifestation will always be instant if at some level within our Being we hold no strong contradictory vibrations against what we consciously want miraculously to manifest. I have learned from repeated personal experiences that you must believe or have a very strong faith in your ability to bring forth what you desire. This applies more so, in fact, if you want an instant or any kind of set time or time-limit manifestation.

Through absolute faith, thinking, and belief I that could, I literally went from a state of abject poverty to a very highly self-fulfilling professional career, with a home of my own and was a smug Cadillac owner, in less than six months time. It all manifested as I envisioned and ASKED for six months earlier.

See more of this excerpt and other Russ Michael eBook excerpts at the back of this book. For information on how to obtain Russ Michael eBooks or to subscribe to my daily free spiritual “Michael Worldwide Newsletter”, see “Final Notes from the Author Scribe” at the end of this book.

Chapter 3

Aquarius— Age of Magicians

There is logical and clearly scientific reason—esoterically speaking—why the *Age of Aquarius* is the *Age of Magicians*. This particular cycle or age embodies the energy of the Seventh Ray, known technically as the *Ray of Ceremonial Order and Magic*. The reason why the occult or magic has become so accentuated at this time is that Earth is also in direct alignment with the greater cycle of Aquarius. Thus, two cycles of Aquarius are both streaming their peculiar energies upon and into the kingdoms of nature on Earth. One period covers 2,300 years, the cycle concerned with the revolution of our sun and its attendant planets in one complete circle within our own galaxy. The greater 25, 000-year period governs the complete rotation of our entire galaxy and its 3-D physical central sun (*Sirius*) through the surrounding cosmos. Therefore, this double alignment of Aquarian force brings a tremendously increased inflow of lawful knowledge and personal attention concerning ceremony and magic to individual and collective humanity on Earth.

As the student of magic progresses, he soon will learn that seven major streams of electricity comprise the sum and substance of all phenomenal life. Each one of these seven living streams is interpreted clearly as a distinct embodiment of a unique,

and thus easily recognizable, energy. All seven of these streams of electricity (note this expression of electricity) *currently* are equally important within the whole of creation. Yet only five of them are affecting human form and all human consciousness in our solar system. This means that two streams of electricity are above the normal threshold of our consciousness at any given time in space today. Meanwhile, five of them keep steadily impinging on, and thereby modifying, our human consciousness and 3-D physically embodied human forms.

This explains the technical reason why man is called a five-pointed star. He responds or is consciously alive to five “outposts” of his personal individual ‘I Am’ reality, namely the:

1. Soul
2. Personality
3. Mental body
4. Emotional body
5. Etheric body

Those who gain awareness and conscious control of these five levels of whirling, rotational centers of their Earthly consciousness, become conscious magicians.

Since this is the Age of Aquarius, the law that concerns all of us more than any other today is this *Law of Ceremonial Order and Magic*. Not only the advanced disciple or initiate in these formerly **secret** mysteries, but also modern science itself has moved into the subtle realm of ritual and form.

We are rapidly discovering through much scientific research that certain color patterns can either aid or aggravate illness; that certain rhythmic sounds either speed up the natural healthy growth

or cause the gradual disintegration of all forms of life; and that some geometrical shapes are more inducive to thinking, feeling, acting, etc. On this latter note, the pyramid experiments described by Russian scientists in the quite interesting book, *Psychic Discoveries Behind the Iron Curtain*, told how a pyramid shape could be used to prevent the putrefaction of meat, eggs and so forth, and can even repolarize or re-sharpen razor blades.

It is no mistake that the ritual of the universe suddenly is becoming unveiled to the masses. This new emphasis on ceremony and rote is the distinct characteristic of our now dawning Aquarian Age. Order and ceremony of the universe will be read and interpreted in ways that even the uneducated can understand. This is the age when the restoration of **the secret mysteries** must and will become evident to humanity. Those who have eyes to see, ears to hear, and fingers to touch are already reading this chapter—the Age of Aquarius—of life. Now many of them, within their own stations or substations of life, are giving a first-hand report and lending credence to the existence of these mysteries to all most of before deeply slumbering humankind.

In summary, to use an appropriate and timely cliché, there is magic in the air! May the enchanting fragrance of divinity ascend from the altar of Earth. Man has been pleasantly awakened from his stupor by the ever so patiently watching over-seeing Magicians of Heaven.

LIFE IN THE DEAD ZONE

You are being fed upon—whether you know it or not—whether you like it or not. That applies to anyone who feels the slightest tinge of fear, guilt, anger, depression—any one of the lower six generic vibratory emotions that our brain ‘lumps together’—as almost countless in-between sub-emotions we feel. All emotional feelings of any kind are caused by electrical friction. They are body irritants similar to the tingles of an electric shock. They are literally electric sparks within our body.

Feeling is totally different from *emotion*! Feeling comes as a divine communication from inner you to outer you, from *someone* else to you, or from *something* else to you. The ‘line of direction’ of feeling is from the One to the Many.

Feeling comes from the center or Source of selves or things. It is spiritual in essence, while emotions come from an overload—or under-supply—of physical body energy. It acts like a mental or physical body irritant. Feeling is like a ...

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Chapter 4

God and Satan

The symbolic existence of *God* and *Satan* certainly does exist in nature. However, that quality and appearance of either aspect of this vast Universal Duality is conditioned by the thinking of man. Man forms or shapes his own ideas about God and Satan. Actually, these are only names given by those who are ignorant of the mysteries of life. The Law of One means that there is but ONE LIFE that may be known in terms of a major duality—energy and mass, spirit and matter, light and dark, God and Satan, *ad infinitum*—meaning without end!

There is a definite esoteric reason why man may actually be confronted by God or Satan. The mental plane is a reality to be dealt with in human consciousness. Man's creations on that plane contain exactly the same degree of life that he imbues within them. Thought forms are alive. The ignorant man can and does meet his own thought-creation consciously while in objective physical form through hallucination, or while in the subjective astral and the mental realms as in dreams or after death. Hell and heaven are the literal subjective realms of awareness that man experiences whether in a physical form or out of it. And man continues to meet and deal with these two self-creations—God and Satan—as perceived within any one or the many of his realms of self-consciousness, as long as

he continues to give them form and validity.
ENERGY FOLLOWS THOUGHT.

It is a fact that a deeply religious person can work himself into such a religious ecstasy that he literally conjures up a *live* image of *Christ* or some Saint of special interest to him. In all these cases, ENERGY FOLLOWS THOUGHT. The flow of love from the embodiment of the thought-form of Christ can give him inspiration, cause instant healing and myriads of other such miracles in nature.

On the opposite spectrum, the appearance of the *Devil* to one who engages in black masses and weird rites of Satanism is simply a live thought-form conjured up by the mind of man. All of these abominable mental aberrations can imbue their creators with great physical power and can cause astonishing magic or obvious miraculous results. Countless victims of voodoo rites—black magic “spells” and “charms”—give ample testimony to this.

The knowing student of the occult gives no power or credence to the concepts of God and Satan as ordinarily understood by the masses. He knows that neither God nor Devil exists *out there* somewhere in space. He recognizes that these are all simply names for the separately perceived positive or negative expressions of the ONE LIFE.

He knows these personified entities to be two streams or expressions of the ONE. Whether they are God and Devil; or spirit and matter, energy and mass; or the dual streams of positive and negative, male and female, involution and evolution, up and down, black and white; and so on endlessly, it does not ever matter. The ONE LIFE can be approached as a major DUAL, TRIPLE or SEVEN-FOLD level or dimension of creation. A gamut of two-fold,

three-fold, or seven-fold divisions is infinite only by the nature of the “part” that approaches the “whole”.

No magician gives undue emphasis to the personifications of these dualities, triplicities and septates. He knows them all clearly at some level of consciousness and can rise or descend to the occasion, thus controlling the events of time and space surrounding him.

If the average person does not understand the mysteries of life, he must continue to live with his ignorance and play the low vibration role of a *victim* of circumstance. He must pay the price of dealing with his personalized creations, whether of God or of the Devil. In the meantime, he continues to live within the dark regions of superstition—of abnormal fears and gruesome doubts or exaggerated thoughts and feelings of his own, his religion’s, his race’s, or his country of origin’s self-importance in the socially, mass controlled “scheme” of things.

Man on this planet must begin to realize that there is but ONE LIFE, One God, One Being. That One Life brings about all the cause and effect within His Own Nature. Within this gigantic even-fold phenomenal framework of His existence, all things are relative. Good and bad are only merely terms denoting the ensuing moreness or lessness of any part's perspective and are, therefore, judged bad or good. Whatever brings on conscious lessness within this whole—stimulates repulsion fear and hatred—and is therefore so labeled bad by the recipient consciousness abiding in that affected form.

There is no personal God or Devil looking down over our shoulder giving us kudos or demerits. The God-self or Devil-self exists within each and every

one of us. How much of these positive or negative qualities streaming from the vast Universal Duality that we embody within us fashions our own particular lifestyle. We can choose to be a sinner or a saint. The choice is definitely ours and ours alone to make.

Without exception, every situation in life is a grand school of learning experience. It is a test in 3-D duality for each and all of us to see whether we will bring forth the Higher Self or the lower self in whatever event. Every time we rise above our petty mental fixations and groundless emotional fears to meet the other person or new situation in life with the highest nature within us, we score a victory for self-liberation. However, this takes constant vigilance. It takes a conscious, deliberate act of will—of work and of deliberate tension or extension—to meet life at our highest living plateau. Yet there is no other sure way. Every step of existence on the path toward freedom of the spirit, and therefore of self-mastery, is built day by day, event by event.

We become Masters by mastering, not by any magical bridge from *here* to some idyllic *there*. Control of life is wrought finally on concrete, physical-plane levels. This is where all our drives and our appetites must be met, known and curbed, and, if needed, to be fully self-controlled. Inside his own being is the battleground where the magician learns to become the Master of his own sweet life, the pilot of his destiny. No outside God or Devil can do it for him or keep him from doing it.

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Chapter 5

The Three Locks

All serious students of the occult know the One Life originally divided SELF into a Three-fold Forms or Trinity. An old formula expresses it as: One plus one equal three, meaning that the One is always present and that division into a Higher Self and a Lower Self must and does occur within the confines of the ONE Life. Therefore, The One is actually represented or self-cognized as Three-in-One—the inner self as soul, the outer self as personality and the whole or synthesizing self as spirit.

These three aspects, known by the magician as Spirit, Consciousness and Matter (or Father, Son and Holy Spirit in the Christian teachings) are the beginning or the first differentiation of the ONE Life. These aspects are reflected in every form in nature. Every particle, every cell, every large and small system within the entire range of life exists as three-in-one. Without all three of these aspects, the form is incomplete, thus lifeless, from our limited existent human awareness perspective.

In my book, *There Is No Death*, I stress there is nothing in the entire universe but life. What we call dead, inanimate, lifeless, etc. has merely become a convenient word or expression to veil our ignorance of what lies beneath or above our range of comprehension and contact.

Life constantly works all through form, modifying it into a more complex, more sensitive and more adequate system of response. Death exists only as a term invented by man, who discovers the passive aspect of the trinity (mother) remains while the other two active aspects, father and son, move coherently out of the range of his normal sensitivities.

The trinity shows itself in man in several ways: as spirit, soul and body, or as the mental body, emotional body and etheric or physical body. These three energy mechanisms work in unity, presided over by the personality. At a strictly physical plane level, the activity of these three aspects reflects in and through the three major systems of the body: the circulatory, nervous system, and respiratory systems.

These mysterious ever-present three aspects are in all completely developed forms of life. For example, the atom exhibits them in the nucleus, the electrons and an outer containing electrical shell or circular force field. The simple cell is also a three-fold unit of a nucleus, protoplasm and a thin surrounding membrane. The human or animal form is subdivided into the three basic aspects of skin, muscle, and bones. The tree or plant is subdivided into an outer covering (the bark), an intermediary wooden composition and a central core or, from another perspective, a root, stem and branches. And on and on to a macro, much larger atomic correspondence—the solar system with the sun as the central nucleus, the orbiting planets as electrons, and the atmospheric gravitational field as the magnetic shell or confining ring of its existence.

Another approach to these mysterious three forces in nature depicts them electrically. The lower self or mother aspect exhibits as frictional electricity; the central, or son aspect exhibits as magnetic electricity; and the higher or father aspect exhibits as dynamic electricity. Each one of these three vital currents of life has a specialized function. Frictional electricity repulses. It helps to separate and force forms apart, developing and nurturing self-identity. Magnetic electricity works to unify or hold forms together. It develops and sustains group-consciousness. Dynamic electricity synthesizes these two functions, producing a unified living and conscious objectivity in unity with a repulsing factor and conscious subjectivity—the attracting factor within any form.

For the average person, these three subtle aspects of our grand electrical nature are a deep mystery. Man has just recently learned how to tap frictional electricity to use it to power appliances and machinery, yet most scientists are unaware of the origin and composition of this great power they are dealing with. Until form scientists recognize the triplicity factor of life forms, they will continue to analyze the nature of things incorrectly.

The second aspect, magnetic electricity, has become widely acknowledged by parapsychologists today only because a few responding high initiates and yogis have stepped to the fore and publicly unveiled and demonstrated their great magical power to call forth a mysterious mental energy that produces well-documented miraculous results on the physical plane. These highly vibrating mental force fields the yogi utilizes to produce his magic are now commonly known as alpha waves. Nevertheless,

until sensitive instruments were developed to show their existence, these higher states of consciousness were resolutely denied acknowledgement of a real existence by the materialist-minded scientists.

In terms of psychology, I correctly state in my book *Divine Psychology* that currently only two aspects of the trinity are now recognized. The two major schools of psychology today, the materialistic school and the introspective school, deal only with frictional and magnetic electricity. The materialistic school works solely with the objective world or the frictional electricity aspect, while the introspective school deals solely with the subjective world, therefore with magnetic electricity. Both of these schools are right as far as they go but very much lack understanding, since individually each researches and deals only with one-third of reality. Soon both these schools will recognize the missing third factor—the powerful force of dynamic electricity—that makes subjectivity and objectivity possible in our 3-D world. Then both the materialistic school and the introspective school will merge their knowledge to know, find and reveal a true, whole sum or genuine synthetic approach to reality. When this occurs, all the current guesswork will be taken out of psychology. It will become an accurate science with exact formulas able to fit almost any human physical being, and Earthly or cosmic psychical situation. It is interesting to note that relatively speaking the three aspects can also be termed as truth, partial truth, and untruth and the magician who knows his subject can tell precisely when it falls into any one of these three categories.

Study the following chart to gain more insight into the triple nature of all forms of life.

THREEFOLD LOCKS		
<i>1ST ASPECT</i>	<i>2ND ASPECT</i>	<i>3RD ASPECT</i>
FATHER	SON	MOTHER
SPIRIT	CONSCIOUSNESS	MATTER
BIRTH	LIFE	DEATH
DYNAMIC	MAGNETIC	FRICTIONAL
ELECTRICITY	ELECTRICITY	ELECTRICITY
MENTAL BODY	EMOTIONAL BODY	PHYSICAL BODY
NUCLEUS	ELECTRONS	SHELL
MOTION	TIME	SPACE
FIRE	WATER	EARTH
STEAM	WATER	ICE
BABY	YOUTH	MAN
DAWN	NOON	SUNSET
RESPIRATORY	NERVOUS	CIRCULATORY
SYSTEM	SYSTEM	SYSTEM
MOBILITY	RHYTHM	INERTIA
ENERGY	FORM	MASS
YELLOW	BLUE	RED
COSMIC	SOLAR	PLANETARY
SUBJECT	VERB	OBJECT
POLITICS	RELIGION	ECONOMICS
HEAD	HEART	HAND
LOVE	APATHY	HATE
BEGINNING	MIDDLE	END

It becomes apparent with just a little reflection on the above chart that the complexity of life can be reduced into meaningful parallels, correspondences or analogies. Man only begins to understand the nature of his creator when he FIRST starts to understand himself. Then, as a start, understanding

an exact knowledge about his own little personal world system he can bridge out with analogies and correspondences until *the secret* now unveiled mystery of the entire universe unfolds before his much awakened and astounded gaze or fascinating higher new perspective. It is simply an esoteric Law that the student of the occult must start from the known and carefully bridge out into the unknown until *he knows all*.

The magician is the student who has discovered the three locks and seven keys to the mysteries. He then turns whatever key necessary into the correct known lock to open or close the desired door of life before him. We have just had a penetrating look into *the three locks*; now let us gain a similar corresponding deeper insight into *the seven keys*.

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CHAPTER 6

The Seven Keys

The seven-fold division rising from a three-fold perspective is a fact in nature. That is why the number seven is universally connected with magic. The entire phenomenal 3-D world is the *outcome* (note that last half of this word) of seven uniquely different streams of living energy, force or electricity. From another perspective, subjectively these seven types or inner qualities of life are the Seven Rays; objectively they are that form-side embodiment known as the Seven Planes. In terms of synthesis and as identified in Christian religion, they are known as the *Seven Spirits before the Throne*. Thus, the seven-fold division of *The Trinity* can be clearly differentiated.

The magician learns to distinguish thoroughly between the subjective, objective and synthetic expressions of these seven major expressions of life. The rays and planes are especially studied, understood and utilized in all magical work. Each ray and plane has a distinct quality that is recognized and used by the white magician who becomes sensitive enough to its subtle energy. All planes have a clear-cut line of self-demarkation embodying a special kind of electricity, and therefore all are becoming a pathway through space for any and all consciousness of the same caliber. Like attracts like.

Another important reason magical work is possible is that every atom or fragment of life is eternally connected to every other fragment in Creation. They each and all extend from a unit of One. This means that one separated form of life can make a self-contact with another separated form through their divine Central Unity. At different dimensions within these forms, contact can be made through the points or centers via the seven electrical centers found in every completed form in all nature without exception. We must remember that every object in the universe is a duplicate of the ONE GOD made in God's image and must follow a natural three-fold, seven-fold, seven-times-seven division, etc., until it attains its own full maturity—no matter how simple or complex the form appears to us.

This means that there are seven major whirlpools of electrical force in every atom, in every human, in every thought, idea, or concrete object. In the human system, these electrical etheric centers take on a physical shape as our seven major glands. The whole economy and functional activity of the human body is controlled subjectively by way of these seven major glands. The further control of the physical apparatus extends through the endocrine system and then through the three major physical systems of the body: the respiratory, nervous and circulatory systems.

It becomes obvious to the learning magician that if he seeks control of his own body or the body of another human being, he must control it by adding or withdrawing a specific energy through one of the appropriate seven major electrical centers. For example, if the “feeling” aspect is what the magi-

cian wishes to dominate, he adds or subtracts a flow of energy from the solar plexus center of his target. That target might be himself, another person, a group or an entire nation. If you are surprised to discover that groups and nations have etheric centers, just remember that all forms, no matter what, who or where, follow natural unfoldment of one, three and seven—and thus have seven major whirlpools or etheric centers within them. Some of these centers may be latent and others fully developed, but all seven centers, whether latent or potent, will be there.

Chicago literally holds the position of the solar plexus for our USA. This solar plexus chakra or etheric center acts as a clearing house in whatever system that it serves a part. Moreover, if you take into account all the railroads that cross through Chicago or all the airplanes that come and go, and the central position of Chicago within the USA, you can easily see why it acts as our national solar plexus center. A black magician who wished to excite or activate the nation into certain desirable actions would utilize this national etheric center to achieve his ends. A shrewd politician could make this kind of esoteric knowledge pay rich dividends. That explains why this kind of data normally is withheld from the general public mainstream. Only by showing a good measure of self-control coupled with an altruistic spirit, can a person be trusted not to misuse this kind of esoteric knowledge. The information concerning the specific cities that represent the seven major centers within leading nations in the world has recently become public knowledge, and there are enough white magicians incarnate

now who can easily offset most or all of the negative influence of a black magician.

The magician studies the seven keys from their major three perspectives and then makes use of that knowledge to literally open or close great sources of power for furthering his own ends. He works right where he stands, pouring out streams of energy from himself or pulling vital forces to him through one or all of his own major etheric centers. All his work comes to fruition through concentrated imagination and thought power. First, he creates the connecting links between himself and other electrical centers in the form he chooses to contact. He then fires them up with energy through his use of his very own concentrated thought power. He knows the Law that ENERGY FOLLOWS THOUGHT—and he builds his environment to suit his fancy through controlled, directed thought. He knows how to use a charge of electricity that contains the specific needed force to produce on concrete levels what is known as magic or miraculous results.

The magician must become well versed in the mathematics of the universe. He should be capable of thinking *causally*—thus utilizing the three locks or the three primary approaches to any one given life point or situation. For example, if the magician stands on the physical plane and sees clearly that the situation must be dealt with in a linear fashion, he employs objective or frictional electricity. If he sees the contact must be made at a subjective level, he uses magnetic electricity to further his ends. If he sees that the problem requires dynamic electricity, then he focuses his own consciousness into a point of synthesis, embracing both the subjective

and objective worlds, and sends out a forward-driving thrust or blast of synthetic energy (normally via a secret breath through the solar plexus chakra).

You can obtain my book, *The Secret Breath to High Energy and Ageless Vibrant Health*, if you wish to know more about this powerful secret breath.

These three dimensions relate to three respective types of motion. Frictional electricity entails all *circular* motion; magnetic electricity calls for *spiral-cyclic* motion, and wielding the high-powered thrust of dynamic electricity demands a *forward-driving* motion.

Exact knowledge concerning the many traits of nature soon enables the learned magician to distinguish the subtle differences clearly between a truth, a partial truth and an untruth. The process for him becomes as simple as comparing apples with apples and oranges with oranges. If there is complete alignment, partial alignment or no alignment with the known principles of nature, then the magician knows whatever he observes is true, partially true or untrue. There is no mystery about it—just the obvious alignment or non-alignment with the known laws or principles and postures of life.

Causal consciousness comes gradually to every student of *the secret* of life. The science of magic is built on knowledge and only self-knowledge—not on mystical, blind belief. The magician knows when to go up or down, outward or inward, right or left, forward or backward, etc., in consciousness to meet his own subject or object. When necessary, he can synthesize any existing duality and thus make his approach from that more inclusive angle.

In summary, the learned magician knows how to turn all seven keys. He knows that each key opens a far different doorway in consciousness. He can turn a key and step out of the dividing door to reach the farthestmost point within the universe. Nevertheless, there are limitations to what a white magician or black magician can do. Law determines all these limitations. We will study some of the prohibited areas for either type of magician, white or black, in Chapter 9 of this volume. Now let us turn to a page from the past.

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“I love reading your e-mails and am collecting your books. Have three would now like to order books #1 -5- 7. That makes three more! Please forward instructions...”

Chapter 7

Magicians of Yesteryear

The history of our planet Earth is replete with lore of magic and of magicians or genies, mythical and real. Since most myths have a basis in fact, we can assume that a great many mythical magicians did in fact exist.

Probably one of the most popular of rather recent legendary magicians was *Merlin* of King Arthur's court. In early childhood, almost all of us were exposed to the tale of King Arthur and the Knights of the Round Table and to Merlin. Whether or not Merlin really existed is lost in antiquity. The important point is that all of the legendary tales exposed us to intriguing stories of miracles or seeming magic.

The idea of magical control over nature through the wave of a hand or snap of the fingers has whetted our appetite since childhood. Even as children, we could easily see the value of speeding up the manifestation of events—of making a tiny beanstalk grow magically into the sky or sailing across the widest ocean on a cozy and colorful flying carpet.

Yes, thankfully, miracles have been ingrained into our consciousness. Because of this, you are less likely to scoff when you read or hear me say that *Jack Schwarz* can wound and then heal himself, *Swami Rama* can stop his heart from beating for 20 minutes, my yogi friend *KOMAR* can walk on red-

hot coals, or that *Kathryn Kuhlman* regularly healed hundreds of severely sick people in one day.

Stories of astounding great battles or contests between white magicians and black magicians fill the bibles of the world. Moses was put to many severe tests to prove that his magic was greater than that of the ruler of Egypt's magician. Moses showed his followers that his God was more powerful than his opponent's who scoffed at the idea of One God. Our bible tells us that through the power of thought, Moses was able to make a bush burst into fire and that he turned his cane into a powerful snake that promptly ate up the serpent created by the Egyptian ruler, who thus was shown to be a less powerful magician.

Other well-known prophets in biblical history performed all sorts of magical feats such as summoning demons, of changing the weather (like blotting the sun from the sky) and other such spectacular divinations. The walls of Jericho came down with a crash after one good blast on the trumpet. Moses parted the waters of the Red Sea and then calmly aided his followers to walk safely on dry land between the high walls of water on both sides. Jesus showed the multitudes and unbelievers that he could increase the Earthly supply of fish and bread; to heal the deaf, the blind and the dumb; and finally not only raise Lazarus but also Himself *from the dead!* His disciples used the same kind of occult lore to loose their chains, heal the sick and to prove to everyone in sight that they possessed great magical powers.

Ages before this, Daniel proved to his king that he could divine dreams and foretell the future accu-

rately. There is also the mythology of the ancient Greeks, Romans, Egyptians and the American Indians of South and North America. The Far East abounds with tales of super-humans who display wondrous magical control of their society and environment *even today!*

A few hundred years A.D., the Magician Apollonius of Tyana journeyed to the Far East to learn how to “polish up his craft.” He returned to the mid-East as a Master of the art of magic. The historical accounts of his miraculous healing ability is a very striking, actual parallel to the Biblical story of Jesus.

Eastern literature is packed with exciting stories of sorcerers and magicians—black and white—who have developed special powers through their esoteric disciplines learned from Master Mentors.

In his widely known and published autobiography, *Yogananda* tells of many personal encounters that he had with outstanding magicians throughout India. His exciting autobiography is brimming over with spectacular tales, vivid descriptions of white and black magic, and amazing gurus and Masters who had achieved their own liberation from Earthly limitations.

It is and was with a thankful heart that I recognized *Yogananda* as a dear brother and a beloved fellow-disciple of the Christ in my own quest for truth. Yogananda is a Master Mentor who has inspired me and so many other now very consciously dedicated white magician students on Earth today to search and become consciously aware of their true inner mighty ‘I Am’ selves and thus awaken to

and resume their particular work or mission on the physical plane.

Both Yogananda and *Edgar Cayce* hold an especially dear and loving high place in my heart. I do know them both to be brothers of old—two outstanding, very advanced souls who have helped so generously to pioneer our now rapidly unfolding Golden Age on Earth. The Science of White Magic and public awareness of the White Brotherhood has been furthered tremendously through their selfless work in the world. These two great souls have set their international mark on the world. They have led the way in preparing the masses for the far deeper studies into the simple secret mysteries of Creation. Edgar Cayce spoke often about The Great White Brotherhood.

I hope you will see the wisdom of acquiring and pondering my book, *The Secret Great White Brotherhood—Masters & Adepts of Planet Earth*, where you can find an individual descriptive account about a host of White Magician Masters and where they now reside—mostly in secret—on our Earth today.

Occultism, psychism, and magic have become the “in thing”. Thank God! More and more experiments are being conducted, studied or analyzed, and categorized by orthodox form science. A long overdue wedding is occurring between the material and spiritual worlds, between form scientists and life scientists.

Most people know today that all forms in life are made up of mass or energy, and that mass is energy, energy is mass, and both are indestructible and interchangeable. Humankind has begun to recognize *its essential unity*, the *ecology*, and its clear close relativity to all other forms and kingdoms of nature.

None of this forward progression by humanity has been accidental. A long line of high initiates and powerful white magicians has cultivated human consciousness for this astounding revolution, slowly achieving a “turning within” by the masses. We owe a great debt to these pioneering souls, for without many great personal sacrifices by Jesus the Christ and by many of His disciples and the many Masters, Initiates, gurus, and world servers of the West and the East, humanity on Earth would still be blindly lost in the Dark Ages. Instead, much light is beginning to shine through the dark in every nation on Earth.

We owe thanks to the magicians of old, many who are still on stage as the magicians of today, for the stupendous work they have done. All the magic in the world is recorded in and can be read within the *Book of Life*. Countless aspirants are learning how to read it now and are realizing in their own life expressions the will, love and activity of *God’s* conscious *Christ Consciousness* arrival on Earth as was prophesied and promised to us by the beloved *Master Jesus*.

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SCIENCE OF THE SECRET ARCANE DOCTRINES

Every conquest of an ascending 'plane' of consciousness makes the disciple an *Initiate* of that particular degree—of the physical plane—First Degree Initiate; emotional plane, Second Degree Initiate; mental plane, Third Degree Initiate; intuitional plane, Fourth Degree Initiate; spiritual plane, Fifth Degree Initiate, etc. etc. etc. on and on through infinite levels of Creation. When the initiate achieves mastery over the five lower planes of our planet She or He is technically known as a Master, although She or He is recognized as an *Adept* after the Fourth Initiation.

How do you, or anyone so desiring become an Adept? She or he achieves Adepthood when she or he sacrifices and forsakes *mortal human ego* self, moment by moment, for the good of humanity. The Adept lives on the plane of the soul and She or He radiates the *Love of God*. She or He reaches ever upward and increasingly identifies her or his "I Am" self with the Will of God.

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Chapter 8

Magicians of Recent History

It often comes as a sudden surprise to the average student of the esoteric sciences, and even more so to the general public, that there are conscious magicians at work in every walk of life. Heads of countries, politicians, religious leaders, economic experts, business professionals, sociologists, artists, poets, authors, public lecturers, teachers, nurses, philanthropists, soldiers and so on have here and there gradually disclosed their deep interest, and often great, facility in magic.

The recent presiding ministers of two countries in the world today disclosed the fact of their deep interest in the secrets of Universal Law. Hitler is a prime example of a black magician. He was able to utilize negatively the powerful energy of the First Ray to bring about a swath of destruction and horror across the face of the Earth. The negative use of the other six rays were fully represented by Gobels, Goering and other powerful henchmen around him.

Think about it! Using great magical powers, the two relatively small countries of Germany and Japan almost succeeded in dominating all the countries on Earth! Had they succeeded, humanity would have been thrown back into the Dark Ages again, and it would have been even darker ages. Materialism would have prevailed over the affairs of Earth for many centuries. It was only through

the aid of the White Brotherhood that the scientists of the Allies at last managed to bring through the needed formulation for the atomic bomb, which thereby swiftly ended this debacle on Earth.

A highly clairvoyant woman working with Dr. Karagulla presided over a large business firm in our country. Swami Rama long ago renounced his position as a revered religious leader in his own country to come to the Western World and to demonstrate for our scientists that man is a spiritual being with very great untapped mind powers. The experiments with Swami Rama at the Karl Menninger Foundation in Topeka, Kansas, was not only designed to see if paranormal faculties could be clearly demonstrated successfully under strict scientific controls, but also to discover if these unusual powers were latent within all other human beings and could be a taught or learned process.

The experiments were confirmed both ways. Under very strict supervision, Swami Rama showed that he could easily move objects through thought. More importantly, however, was that he also taught *Dr. Elmer Green*, a staff member at the Menninger Foundation, how to move objects through his mind power under carefully supervised laboratory conditions.

Thus, *Swami Rama* succeeded in adding a *key member of the scientific community* on Earth to the team of “World Servers” who are building visible bridges between the seen and unseen worlds of existence.

Uri Geller stepped into the limelight, proving under laboratory conditions at Stanford University that he could affect 3-D objects through psychoki-

nesis (mind-over-matter). The book *URI* by Andrija Puharich tells of many wondrous magical activities precipitated by Uri Geller. Any serious student of magic should read it for the source of the magic comes as quite a surprise. Both Uri and the author assert that their psychic “power” comes *beamed in directly from extraterrestrial space beings*, as did Nikoli Tesla. Uri Geller recently appeared as a judge on the television show, “Phenomenon.”

Another of my close friends and a conscious White Magician is the astounding *Jack Schwarz* from Selma, Oregon. Jack was one of the pioneers in proving under very strict laboratory conditions at the Menninger Foundation and in other clinics across the country that he can wound himself and heal himself. He can stop the flow of blood at will and he feels no pain when he does this. I have personally seen and helped Jack perform a spectacular and very real miracle during a performance he gave in Los Angeles many years ago. Jack is certainly one of the top teachers and World Servers embodied upon Earth today.

Olga Warrell demonstrated under laboratory conditions that she could send healing energies through a cloud chamber. No one else can place their hand on the chamber and get that effect. Not only did she do this on the spot, but definitely could mentally affect the cloud chamber from a distance.

My lovely dear friend and former coworker, *Bernadene Villanuev* from Tampa, Florida, was healed of a serious and lifelong heart ailment by Dr. Norbu Chen. Dr. Chen performed this magical instant healing in June 1974 in an auditorium at the Dallas Convention Center that seats over 5,000

people as a huge, astounded crowd watched in amazement. That very real *miracle* was observed by me from a front row seat and was confirmed on the spot by two attending local Dallas doctors.

Dr. Roberto Assagioli (1888 - 1974), a leading psychologist in Italy in the early 1900s, developed the theories of psychosynthesis as early as 1910 and was a serious student of the mysteries for several decades. He is the founder of the Psychosynthesis Foundations, an international group where all the doctors treat their patients from a spiritual as well as from a material point of view. They have discovered that it is far better to heal the mind and soul, for this brings about real permanent cures, while physical cures are mostly remedial for they do not touch the cause. As an interesting sidelight, *Dr. Assagioli was also a conscious dedicated World Server disciple of the Master Djwhal Khul*, as I certainly have been.

Many Masters, magicians and initiates seem so ordinary that they go unrecognized by those around them. This, of course, turns out to be a great blessing. If the astounding businessperson who read the three energy mechanisms of man for Dr. Karagulla had been publicly known for her talents in this field, she would have been swamped by curiosity seekers and fellow workers constantly wanting proof of her ability. She proved it for herself, as well as for Dr. Karagulla and patients, so she did not need to prove it repeatedly. In the meantime, behind the welcome cloak of anonymity, she pursued her natural proclivity in business and succeeded very well at both of her chosen careers.

Nevertheless, individuals keep budding out into the public consciousness from all avenues of existence. Many otherwise normal citizens in countries all over the world have shown that they can literally *see* through their skin, through fingertips, elbows and knees.

Many mediums and sensitives throughout the world are personal agents for *psychic surgeons*, meaning they are the physical instruments for *spiritual doctors* who perform their subtle but effective operations on the etheric bodies of their patients. *George Chapman* is such a medium, and is known throughout England and Europe. He has been healing for more than 50 years.

Bernard Dutton, a skeptic, went to see George Chapman and after a miraculous healing, wrote a widely published book telling all about this spirit doctor.

George channels a discarnate spirit entity by the name of Dr. Lang, who has operated successfully on the etheric body of thousands of patients through George. I personally knew a young man living in Virginia Beach, Virginia, USA, who now lives a normal active life after a psychic surgeon (from one of the southern states in the USA), conducted etheric surgery on his heart. Before this operation, the slightest effort would overtax his system and threaten to bring on a serious heart attack.

Another acquaintance of mine revealed that he had been very skeptical but had gone to a psychic surgeon in Mexico as a last resort. His own doctors told him that they could not operate on a large tumor in his brain. He had suffered from a constant

headache for years. The headache stopped a few minutes after etheric surgery started. An overt disbeliever before, now this same individual cannot find enough revelatory material to read concerning the science of magic. He discovered for himself that there is more to life than what eyes ordinarily see. This man is very scientific minded, and in his pursuit of hidden knowledge is already well on his way toward becoming a conscious white magician.

There are great numbers of fully conscious white and of black magicians in the world today. Shall we go on and explore the clear difference between these two very diametrically opposed artisans of the ancient and modern craft of magic?

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Chapter 9

White Magic versus Black Magic

The growing public emphasis upon the negative and often vile side of occultism such as black masses, Satanism, the dark use of Voodooism and many other weirdly such indescribable fetishes makes it vitally necessary to restore the true image of magic and natural use of the Law involved.

First, observe that there are extremists or “lunatic fringe” groups at work in politics, science, business, art and whatever else people turn their attention. The science of magic has fared worse than other areas and the range of lunacy is boundless in this field. Luckily, many of these mass movements are harmless because they have no real power. The perverts who gather and execute these odd rituals are most often greatly deluded and clearly are “the blind leading the blind”. In a few instances, much physical and psychic injury by one of these more powerful oddball groups is incurred and sustained to themselves and others.

The Law holds true forever that ENERGY FOLLOWS THOUGHT. If two, three or more persons gather and focus their concentrated thought upon one individual or group, they can in due time literally destroy their recipient’s form unless he or she is protected by the Light. The one exception to

the Law is that no harm can come to anyone who has their own protective robe of light around them.

The Voodoo priests usually are well trained in magic and are extremely successful in achieving their ends. Another very strong point in their favor lies in the fact that they work in geographical areas where human consciousness, both physically and psychically, is receptive to magic. When the psychic atmosphere is right, meaning with the right kind of electricity in the air, that atmosphere provides a fluid catalyst for a magician—white or black—to bring about startling and instantly manifested miracles. In my own experiments, I have learned how to build up that psychic atmosphere within my own consciousness and therefore have accomplished the instant magical results I wanted to manifest.

The same principle applies to the astonishing healings that were performed by *Kathryn Kuhlman*. She clearly built up a highly potent psychic atmosphere before calling forth the powerful healing forces that then rapidly produce a flurry of grand miraculous healings.

On the other hand, if the same ritual had been performed in a coldly suspicious, defensively skeptical, and psychically chilling atmosphere, *the results would have been null*. There would have been no miracles and the crowd, imbued with their own materialistic victory, might instead have thrown stones at the unfortunate Miss Kuhlman.

What is the primary difference between black and white magic? Foremost, it is the personal motivation! We can ask for what purpose the newly learned magical power is being used. If the purpose

is for purely selfish ends and to the detriment of others, it immediately falls into the classification of black magic. If for altruistic ends and the loving upliftment of others, it meets with the requirements to be classified as white magic.

Secondly, what exactly is the newly introduced power doing? Is it destroying, lowering, or dividing and imprisoning the receptive individuals, groups or nations? If so, that is definitely black magic. On the other hand, when the energy sent out builds, lifts, unifies and frees the receptive individuals, groups or nations, this is very clearly white magic.

In the light of the above definitions it becomes evident that the statement made by Jesus in our own Christian Bible, "*By their fruits ye shall know them*", refers exactly to the the above definition. This above definition now allows the magician to test himself. Once he really understands the subtle difference between destructive activity and constructive activity, between lowering energy and lifting energy, and of evolution opposed to involution, dividing energy versus unifying energy, imprisoning activity as against freeing activity, then he will have no more doubt as to what kind of forces are at work within him or around him and affecting others.

Another moot point relative to good and evil is that good must and will overcome evil because of its own nature. Good constantly unifies. It works toward integrating the "parts" back into the "whole", while evil by its nature seeks incessantly to divide and separate. Even if there should be a temporary alliance between two evil forces, the very darkly

selfish nature of evil will cause it to eventually betray and destroy that ill-designed alliance.

Conversely, good must continue to grow until enough of the good separated parts are fused together to carry the greater weight for good into that particular system of expectation or expression. This process—the fusion of the good—occurs within individual people, in groups, planetary bodies, solar systems, cosmic galaxies and entire universes. Good represents the love aspect of God. God is good and good is God.

Everything tells its story. Therefore, if you are ever in doubt as to what kind of person, place or thing you are dealing with, re-read the fruits of the energy definition. What is he or it doing to you? What is he or it doing to others? The answer will be starkly obvious to you once you comprehend and remember the above guideline for it is merely a simple matter of reading the visible signs.

One of the paradoxes that the aspirant must deal with is that the white magician appears to have less control over his 3-D environment, but that is only temporary. Time stands on his side. The white magician cannot use magic powers at a physical plane level to force someone or something into an action. He must be content to awaken the soul within the form. The white magician always allows free choice and total free expression to all he contacts. Nothing, on the other hand, lies beneath the means of the black magician. He compels through stark fear, terror, cruelty, torture, lies, cheating, stealing and of deliberate assassination or murder; and uses every powerful means and

force at his disposal to fulfill his own darkly selfish ends.

An even greater paradox: Both white magician and black magician use the exact same Laws of Nature to accomplish their objectives, but only up to a certain point. The reason is simple enough. Energy itself is pure. Pure energy can be used for good or bad. It contains no black or white qualities within itself.

The time finally arrives when the white magician forges ahead, gaining wisdom and power, while the black magician is damned by his own nature to remain confined within the lower threefold spectrum of Earthly duality existence. The white magician gains deep insight and mastery over the intuitive plane and his power soon becomes profoundly greater than that of the black magicians.

The black magician has temporarily severed himself from his soul and has no means whereby he can tap energy higher than the *lower* levels of the mental plane. He remains limited to deal with life and substance at physical, emotional and mental levels. These three planes of consciousness act literally as a confining barrier to the black magician. He must remain within this greatly reduced spectrum of reference until the form of which he is a part, in this case his human body, disintegrates. At that time, he too returns to his former non-physical state and subject to another turn in the wheel of human reincarnation.

Meanwhile, the white magician continues onward, upward, and inward in his evolutionary expansion and sweep. There is no limit to the dimensions of his self-expansion and power in any

one lifetime, for he moves every forward until once more consciously, masterfully re-enters the timeless time of spaceless space and motionless motion, and he knows himself as all SELF of *All That Is* of our **God Source Creator**.

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What eBook and Michael Worldwide Newsletter (emailed daily) Readers Say

I have been receiving you wonderful daily information letters for a long time, for which I thank you very much. I am always sharing all the information with my friends and students Lately I have had problems in receiving my mails. Please send them to my other address ... we are on a wonderful Journey, getting closer every day. Much love and light to you,

Chapter 10

Self and Not-Self

One of the first signs that the human unit is awakening to his spiritual nature occurs when his consciousness first registers the startling recognition of self versus not-self. For even though the average person remains dimly aware that he is set apart from his environment and identifies almost entirely with his dense physical body, he scarcely ever stops to think about his obvious *apartness*. To him it is almost a case of being totally immersed within a huge state of mass consciousness. Even his physical, emotional and mental lives are lumped together into a three-in-one reactionary unit.

Suddenly, through curiosity or more pain than he now cares to suffer in his normal routine, he or she becomes drawn into a meditation group or spiritual study group. If the guiding intelligence of the group is teaching the Western method of meditation, then he slowly learns the difference between his lower three bodies the mental, emotional and physical.

At first, these differences are only concepts taking concrete shape in the mind, but through persistent experimentation and a slowly developing sensitivity, he or she learns to know and actually realize the gradual recognized difference between each one of the three-fold mechanisms. Soon he can selectively isolate one from the other, giving it conscious energy or self-identification at will. At the same time, he eventually succeeds in occasionally stilling his three vehicles long enough to bring

some deep, silent *soul force* into his consciousness. This sudden influx of rarified energy brings on a greatly heightened sensitivity and creates an obvious embarrassment. All at once, he sees his beastly ego-powered lower self as the animal nature that it is. This revelatory sight—to phrase it mildly—is extremely discomfiting. This sudden “setting apart” that now enables him to stand back and get an honest look at himself throws a completely new light on everything. He at once knows himself to be a duality being in a duality world. He knows that he has a choice between reacting and not reacting. In the first case, he knows that to react brings about the same old intense personality problems, while not to react brings about a new marvelous sense of harmony and a gathering delightful sense of dominion and self-sovereignty to him. He sees the contrast and he rightfully decides to *BE* the higher self, and thus the struggle begins.

At first the old reactionary pattern is so instinctive that he literally finds himself—in consciousness—in a habitual ancient pugilistic stance; exhibiting raging aggression, fearful retreat, or defensive hostility; but at last he learns that the soul or higher self is slow to act, while the personality or lower ego self rushes quickly into a rapid non-thinking reactionary posture. Progress continues. The gap between self and not-self gradually broadens immensely. Soon he feels a truly felt instant inner awareness as to which side of his obviously dual nature stands at the fore. Now it becomes a matter of the leavening element we know as time. In most instances, there is soon a turning away from the beastly self. The choice is made to manifest the angel self or truly human soul self instead.

Those individuals within the radius of the newly awakened individual soon realize they are no longer dealing with the prior highly insensitive individual they knew before. There has been an actual personality transformation that has transmuted, transfigured and transcended individual lower self. Now the group soul, the on-looking world, also recognizes the *new person* standing before it.

In time, this now newly found duality would be lost again when the new man learns to unify his state of duality—his subjective and objective states of awareness. This new transformation gradually develops as he makes contact with the first aspect of his own triple nature—the spirit deep within. That note of synthesis sounds out within man when he becomes an Initiate of the Third Degree. This means he has learned to consciously subdue and control his physical, emotional and mental natures at will.

At the Third Initiation, the white magician develops a keen sense of synthesis. He ceases to think in terms of duality. Instead, he sees the more complete picture of reality surrounding—causing and inter-penetrating—his daily events. The white magician at this degree truly does understand himself and everyone around him. He no longer judges others, for he sees clearly that those who err are to be helped and loved as equal sons and daughters of God and are not to be judged, for they literally “know not what they do.” He knows that he has no right to sit in judgment upon an individual who is not even aware of a duality world and his dual reality and who is yet lost and immersed with others

still struggling blindly in sleeping mass consciousness.

When self becomes aware of not-self, then the newly awake one-in-three man assumes a dual perspective. He will now view human life upon Earth under a brighter new light.

Three different electricities—or light rays—affect this dramatic change. It is not the light of knowledge but the light of the soul that soon makes him aware of his dual identity. Later, a greater new light of synthesis—of *spirit*—will dissolve his sense of duality and will restore in him a new and greatly expanded sense of unity, this time at a much higher level or more awakened approach.

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Chapter 11

Ritual in Magic

The Seventh Ray of Ceremonial Order and Magic lends all the necessary energy to be successful in magic. The man who learns the rituals of life has a great advantage over all others. He is able to develop a rhythm that actually collapses time and space. It is a well-known fact in magic circles that the secret of rhythm gives the possessor the secret of time.

Some scientists are now becoming aware that time can be reduced into energy. The energy we call time literally is brought into closer cyclic patterns or wave frequencies if you prefer. The initiate or magician who can work with ritual or time can accomplish an average of three times as much work in any given interim as the average person. This is simply the result of his ability to work with or control time in a way that the ordinary person cannot.

Another prevalent reason why ceremony or pattern plays such importance in magical work is that all magic is brought into physical manifestation only after it has first been initially patterned on the inner planes by thought and feeling. The full power or weakness of these causal patterns determines *if or not* a certain event will precipitate at concrete physical levels. If the pattern is mathematically and geometrically sound—observe this word—the chances are good for a fully principled development

of form. If not, then the physical form like an undeveloped fetus will be incomplete and aborted.

There are hosts of factors that determine if the magician's brainchild will see the new light of day. First: Is the form mathematically and geometrically correct? Second: Is there enough potency to sustain its own life until the elementals and deva builders can take over? Third: Does it have enough of the second principle of magnetism within it so that once it reaches substantial form it will draw interested individuals or groups to it that will nourish and protect its existence via the Law of Attraction?

These are all questions that the magician must be able to know and to answer affirmatively or else he would be foolish to begin his ritual. There is no use wasting time on a lot of ceremony or on building up a strong psychic atmosphere for magic unless you know that your time will pay you worthwhile dividends. The magician must ask, "Is the expenditure of effort in the ritual worth the magical performance?" Many times the same magical event he precipitates can be brought to the physical plane through intelligent, quick and direct physical action with a much greater economy of energy.

Is it worth taking ten minutes of your valuable time to build up a psychic connection between yourself and a friend just to give a telepathic message when you can pick up the telephone, dial and talk directly to him in an instant on his cell phone? The answer is obvious. The magician knows how to work with the Law of Economy. If a direct physical action will bring about a quicker and often superior

result, he would be foolish to use magic. Magic ritual is always reserved for special occasions and for special purposes.

The magician begins all magical work with a formula. He may translate this formula into a mental pattern, and often into a physical pattern as well. To begin, the magician formulates or expresses a singular purpose that he wishes to fulfill. Since potency is a decisive factor in successful magic, the magician always tries to make his ritual very short or economical. His magical phrase is terse and powerful, thus highly effective.

The ritual or pattern must be set like laying a solid concrete foundation. A stable vibration will draw elemental and deva essences into a settled building plan. An army of subtle forces of nature known as the “army of the voice” aggregate around the same electrical blueprint. This is a vital phase in the process.

Now the magician’s aim will determine whether his growing thought-form will move straight and true to his target. That target may be a person, place or thing, or a group of persons, places or things. If the magician knows what he is doing and builds up a substantial rhythm or ritual, then his aim will be accurate and he will be quite successful in his magical work.

Repetition or rote becomes the next potent factor once the pattern is set. The ability to repeat the same thought in the exact same words adds layer upon layer of atomic substance and feeling upon his creation. In time, through ritual and rote, his initial or nebulous thought-form will gain enough life

and form of its own to be released on its own toward achieving his targeted mission.

Many sophomoric disciples go through that stage when they assume that form or ceremony can be bypassed, but they have much to learn. The very word disciple suggests that this individual has decided to follow certain self-chosen disciplines. The disciple always sets up higher patterns of rituals or disciplines; otherwise, the old habit-forms would continue to play the dominant controlling pattern in his life.

Ritual is a vital tool to any initiate or magician. No magic can be possible without it. Therefore, if you are serious about becoming a true master in magic, you will be wise to learn all that you can about rhythm and ritual everywhere in your daily life. The very most important school you will attend is in consciousness—you become a Master by mastering!

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Chapter 12

Mantrams or Magical Phrases

To say that all magic has a sound basis in fact is a true play on words—for sound, whether silent or vocal, brings vibrant life to magical activity. Mantrams, or magical phrases, give the magician a tool to open up great new realms of power. The continual repetition of a same sound makes elemental forces and deva builders rush into action. The pattern of the sound waves determines the exact shape the magician’s mighty “army of the voice” will assume. A clear analogy of this process is found by sprinkling a handful of beach sand on a table and creating certain patterns in the sand by banging lightly on the tabletop rhythmically. The loose elements, in this case the grains of sand, have a natural tendency to duplicate the pattern of the repeated sound vibration that draws them tighter and tighter into a unique shape or form.

The same principle works mentally. Whether you are conscious of it or not, the moment you think of any image, you have silently sent a stream of light and have sounded a new frequency pattern that elemental and deva entities rush in to build. The very nature of life itself decrees that every vibratory sound uttered is quickly embodied with an appropriate form. The elementals and devas all move blindly into the existing pattern. They act purely on a feeling basis and do not question the

creator. They actually rush to fulfill their individual places in the new “scheme” of things. Every time a creative agent utters a single note, a multitude of these essential, alive elemental and deva entities will surge in to give that sound a phenomenal form or atomical shape matching the agent’s vision or desire. The clearer the vision of what is desired, the faster and more easily it manifests into 3-D form.

It is important at this stage to know that the new magician does not need to learn every single law in the *Book of Life* to work his magic. If he performs the ritual and the rote correctly, then by Law he will have successful results. In the same way, a driver does not have to understand how or why a car or a motorcycle engine or transmission works. If he climbs aboard, turns on the starter, steps on the gas, balances, then steers himself and continues to correct his course, he drives that motorcycle to his desired destination. The fact that he does not know a single thing about piston action in the motor or the chain-reaction of power being transferred to the wheels has no bearing on his actual driving performance or his ability to arrive at his destination. As long as he performs the correct ritual, he may drive the motorcycle like a champion.

The magician should know his own personality and soul rays though only White Magicians respond to their soul within. Each ray at any chakra level has a unique keynote or sound and is the basis for the mantram he uses. For example, the first ray personality works with *will and power*. His natural strength then lies in a positive affirmation like “so be it.” Naturally, words alone carry very little life or self-empowering conviction. It is the *feeling*

transmitted through thought of these words that arouses the elemental and deva receivers into responsive reaction. A powerless utterance will get exactly the attention it deserves—which is none, according to the Law of Attraction. However, a fiery, strong, emotion-stirring phrase will transmute a reciprocal response. Action begets action. Passivity begets and preserves passivity.

The magician with a first ray personality or a first ray soul uses terse, powerful phrases to carry out his work. At the opposite end of the spectrum, the seventh ray individual, who operates more efficiently with *ceremony and order*, will often string together an unusually long but precise meaningful phrase. His mantram is more in keeping with the idyllic incantations heard in fairy tales.

A fourth ray man or woman, who works with *harmony through conflict*, might choose a mantram like “This battle will be won this day.” The point is everyone works naturally and more effectively from where he stands in consciousness. The mantram that the magician reiterates, either silently or vocally, is on his own apt nature. In Chapter 17, “The Seventh Ray,” you can identify for yourself the ray forces that play through your five major outposts of consciousness.

There has been a rise in human awareness concerning Mantra Yoga. Long past, humanity as a whole underwent a stage when they learned to sound phrases or Mantrams to achieve physical or worldly effects. Mass consciousness is recapitulating familiar old cycles and patterns again. The growing schools of “thought religions” or the positive *think and grow rich* academies and transcen-

dental and other meditation styles are actually founded on ancient memories of mantra yoga.

When you consider we are now well into the Aquarian or Golden Age, ritual and mantric phrases must and will be the natural outgrowth of this all-pervading *Seventh Ray* electricity.

Repetition—rote—is a key factor in magic. It may take one person a long time to build up the proper psychic atmosphere, while for another it may be very simple and quick. Potency and exact knowledge of the art are decisive elements. Think it through. Unless the electrical power generated by a mantram is strong enough to offset the existing negative physical plane condition, the magical work by Law will be impotent. The negative forces have ossified the existing forms in the world to hold a tight, very strongly rooted or firmly anchored position.

Every form has within it an innate will to live—a deep desire to persist *unchanged*. Thus through its own nature every form will resist change or status. It inherently does not want to give up or assume a possibly lesser form position in consciousness. *Lessness* hurts! Yet the *moreness* of the future self feels good to the 'I Am' soul riding within the form.

The magician must refuse to acknowledge existing negative appearances and continue steadfastly to sound out his own self-decisive decree. His task is realized from the start. He must literally build up a greater volume of sound than what already exists in the given structure. The old must make way for the new when the balancing values and pressures of relative Creation and life deem it

a wiser, a more practical or a more *economical* stance. Through sheer will and persistence the magician succeeds where the normal person fails. The knowing magician has learned to keep an unbroken line of steadfast focused meditation that leads him straight to his goal in the future. Therefore, even though “what is” is so very solidly housed in *concrete reality*, as long as the magician refuses to let go of his inner desire and vision, his chances for success grow with each passing moment. All things in due time is no idle adage.

Magic is always practical. You can see the same magical process working in practical ways in our daily affairs. What is magic but the actual grounding of spirit? As spirit embodies an idea, in due time the idea assumes a firm concrete form. The business person, religious leader or politician who rises up time and again after every “fall”, who never stops and keeps constantly after his goal finally must achieve it and usually in a very triumphant manner. The person who does not recognize failure after countless tries and failures almost inadvertently attains a unique mastery in his profession. The “rags to riches” stories ought to be bound into one huge volume and read by all aspiring magicians. The man who has learned how to control *Fourth ray energy—Harmony through Conflict*—is well entitled to the personal rewards of his daring and never-give-up persistence.

A mantram not only embodies a genuine intelligent magical phrase, it also acts functionally as an agent or force of will. A statement of action sets the pattern and gives direction and a foreseen plan to do the inspired 3-D work we call *action*.

Make daily use of a significant mantram both as a general daily upliftment to greater heights and as a unique agent to achieve every specific function in your personal affairs. As a white magician, your use of a mantram speeds your growth and helps assure the accomplishment of your own special inner soul mission on our beautiful planet Earth.

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What Readers Say

“Just finished The Secret Great White Brotherhood and almost finished with Why & How of Meditation. Must say I am thoroughly enjoying each of them. Send me catalog of all your books, tapes, etc. ... put my name on your mailing list for other items ... I would like to know more about you and your work.”

Chapter 13

Sounding the OM

Many students of meditation who have sounded the OM—or AUM—will wonder what the sacred sound has in common with magic. Much indeed! The magician who knows the proper function of the sacred word OM may use it to advance himself and his work quickly.

Every great civilization in the past has produced a sacred word of its own. The selected word gains potency as more individuals by the millions give it attention, for as you must realize by now, **ENERGY FOLLOWS THOUGHT**. More than ten million years ago, the Lemurian civilization developed and used the word **TAU** as their unique sacred sound. Several million years later, the Atlantean civilization that followed created the word **AUM** as their sacred vehicle of expression. Our own civilization will evoke another sound or word like **OM that** will be strictly our own. Meanwhile, the TAU, AUM or OM can bring about potent results in our natures and in our magical work. The AUM, being higher on the *vibratory* scale of evolution, contains more soul force in it so the wise magician will naturally make a more regular use of it.

Knowing that words without force or power are impotent, an aspiring initiate ought to make every effort to muster all the energy possible at mental, emotional and vocal levels whenever sounding the OM. Remember, however, that an OM sounded si-

lently in the mind can be more potent than a loud vocal expression with little thought or no feeling in it. The OM requires the active use of the mind and emotions, and a good measure of imagination and expectation and trust.

The OM has a two-fold function:

1. As a sacred sound that repels and drives all of the lower vibrations from the individual's three-fold lower mechanism.
2. As a sacred sound that attracts and slowly builds higher *vibrations* into the individual's three-fold lower mechanism.

The magician must also assume a certain position in her or his consciousness, sounding forth the sacred OM identified either as the *personality* or as the *soul*. If he sounds it *as a personality* then he uses the AUM sound. If he sounds it as a soul, he will use the OM sound. If you follow this progression, then you will know that the sacred word will arise directly from self-identity within our core Source spirit self.

The A.U M. in respective sequence stands for our lower three energy mechanisms—the physical, emotional, and mental bodies.

The person who speaks as an integrated personality will sound the AUM because he works only with sound in the lower three planes of existence. The white magician who knows himself *as the soul* becomes more effective through sounding the OM.

The O. M. in respective sequence stands for the higher two mechanisms of consciousness—soul and spirit. You will note the vibration is closer and thus

more powerful when you sound O than when you sound M. Try it now and sense out the different vibrational pitch or frequency rate. Each newly aspiring magician needs to make daily effort to lift up and consciously realize himself *as the soul*, sounding the sacred OM most of the time, day and night.

In sounding the AUM or OM, the creative imagination acts as a catalyst and aids to bring about immediate subtle results. The magician sees in his mind's eye the actual dual process of the OM at work. He envisions the lower vibration being driven out of him. He sees and feels as much as possible the higher *solar* forces permeating his systems. A “mirkaba” clue for you here—find out which spiral turns *in* and which spiral turns *out* (the centripetal and the centrifugal spin).

Normally the OM is sounded three times, once for each of the three lower bodies starting from above: first envisioning the results in the mental body, then the emotional body and ending with attention on the etheric body. Each time that the sacred word is enunciated, the dual function of this sound needs to be envisioned at work within the body, subject, object or current or future event that has our attention.

As a rule, the OM is not to be sounded too frequently or indiscriminately. Three intonations during any meditation will be adequate. When working with certain magical projects, the magician may sound it more frequently, but only when it serves a judiciously guided purpose. For example, the OM is often sounded seven times when the advanced initiate or magician consciously relates it to the seven

planes, seven rays or seven centers, and knows precisely what he is doing.

No better purification rite exists, other than bathing the body in *violet flames*, than the sounding of the OM before magical work. The magician who goes to the divine altar with a pure mind, heart and body works with spiritual energy in complete safety.

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What Readers Say

“I thank you from the bottom of my heart for your books. As I read them I cry and am electrified as my being comes to know and understand the forces uplifting within.”

Chapter 14

Prana or Breath in Magic

Inhalation and exhalation; involution and evolution; advance and withdrawal—so goes the lusty pulse beat of all life in the universe. From the tiniest to the mightiest in our 3D plane—downward and upward, forward and backward, outward and inward—the endless dual motion goes on. All life pounds to this rhythmic ebb and flow, and here it is that the magician learns how to tie into the pulse of nature and build up power in his work. Through rhythmic breath control, the magician floods his body with prana.

Prana, spirit, energy, vitality, life are all synonyms for the powerful life force that enters the human system via the etheric body. When you consider that everything can be viewed as energy—a view that all magicians have—then it should be no surprise to discover that the yogi or magician who wishes to centralize this prana within his own aura crosses his wrists and his feet during his breathing and meditation exercise. This prevents loss of electrical currents that usually stream from our extremities.

One hand releases positive power and the other negative, and likewise for our feet. When the magician crosses his hands and feet, he shuts off any personal loss of body electricity. Then through rhythmic breathing, he draws a growing amount of prana into his system. To say that he is *charging*

his batteries would be more of a truism than a correspondence or pun. He literally does electrify his seven major centers, thus storing up a powerful load of dynamic energy and power. Now the magician may use this extra vital energy to adjust and heal his own bodies or he may expel it out to one of his major or minor centers to do some special conscious deliberately chosen magical work.

*****GRAVE DANGER*****

Forcing or using speeded-up techniques to gain power invariably lead to personal disaster rather than progress when dealing with live magical deva and elemental forces. Subtle energies are tremendously more potent than concrete energies. I caution all students of the esoteric crafts that it is very dangerous and totally forbidden to concentrate mentally on any of your major etheric centers unless you know exactly what you are doing. The exception, of course, is that you can send love to any person, planet, event or personal chakra you wish with added benefit to all involved.

This danger extremely intensifies when using breathing exercises with mental concentration. Individuals who ignorantly or defiantly ignore these warnings will pay the price. The cost will be in direct relation to the violation, ranging from a mild case of neurosis and cellular damage to irreversible case of insanity if too many physical brain cells and neurons are *burned up*. Prana and fire are synonymous!

While speaking of dangers, it is appropriate to mention here that elimination of tobacco, alcohol and drugs from the daily diet is an absolute must, and even more so as the magician gains sensitivity

and power. The presence of an undue amount of any of these three potent elements can bring about damage to the etheric centers and their parallel physical glands. Observe this very serious warning. Be careful!

Breathing entails as much of a definite science as does sounding the OM, reiterating a mantram, performing a ritual or any other aspect of magic. There are timely focal points for the “in-drawing” and the “projection” of force outward through one of the etheric centers. There are two *zero-point* pauses between inhalation and exhalation used in the rhythmic ceremony. Prana is drawn into the aura during inhalation. In the pause that follows exhalation, the magician's energy is focused and then projected out of the body with the natural expulsion of air. Simultaneously the magician envisions the prana going out of a specific etheric center, straight to his target. During the pause after exhalation, the projected result or aim of the magician is mentally *imaged, seen and held* in the mind *as complete*.

What is absolute is absolute!

All during this ceremony, the magician keeps an accurate count of (1) inbreathing, (2) pause, (3) out breathing and (4) pause. He develops a personal rhythm that works effectively for him. It may be to the beat of four, six, eight or whatever silent, even counts with each of the four phases. Or he may vary his formula, using more counts for inhalation and exhalation, and less for the pauses, or vice versa. Special work requires a special formula and the practiced magician quickly discovers what works best for him for any specific objective or occasion.

At first, and only at first, the job of keeping count, visualization, timing, etc., may seem too complicated. Soon these external rites require little or no conscious effort. The magician gradually develops continuity of consciousness. He learns patiently to work functionally at several and then many levels of consciousness all at the same time. Prana work—or breathing exercises—will hasten his expansion of consciousness considerably.

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Chapter 15

The Seven Chakras or Etheric Centers

There are seven major centers, twenty-one minor centers and hundreds of lesser centers in the human body. None of these centers or chakras came into being accidentally.

Wherever the whirling involutionary and evolutionary streams of force cross and re-cross twenty-one times, we have the position of the seven major chakras.

Wherever these dual streams crisscross fourteen times, we have the twenty-one minor centers.

Wherever these great currents of force cross and re-cross seven times, we have the hundreds (even thousands) of lesser etheric human body centers. The same exact chakra correspondence fits to a nation, a planet, a solar system or an entire galactic universe like our Milky Way galaxy, or to any *fully matured* body within Creation.

The aspirant to magic should study and memorize the following tabulation of the seven major etheric centers and their related glands and rays.

THE SEVEN MAJOR CHAKRAS		
CENTER	RAYS	GLANDS
HEAD	ONE	PINEAL
HEART	TWO	THYMUS
THROAT	THREE	THYROID
AJNA	FOUR	PITUITARY
SACRAL	FIVE	GONADS
SOLAR PLEXUS	SIX	PANCREAS
BASE OF SPINE	SEVEN	ADRENALS

As can be observed above each chakra represents a different type of energy within every system. The higher head center represents the First Aspect—the Father—or Monadic energy within us. It expresses *dynamic* electricity.

The heart center acts as an agent for our soul and embodies pure life and love energy. It expresses *magnetic* electricity. The ajna center rules our personality. It provides our platform for lower consciousness in the three worlds of 3D man and expresses frictional electricity. The throat center acts as the communication line to our mind. It provides us with our connection to the mental plane. The solar plexus center brings emotion into our life and bridges our consciousness out of the physical and into the astral plane. The sacral center gives expression to our physical being. The center at the base of the spine embodies our *monadic* source. It holds the literal *life* within us.

These centers can also be studied in terms of the *ray* force that streams through them. The data related on the above chart provides important clues to the magician. He can figure out for himself exactly what center to use most efficiently for any special work of magic. For example, he may send out a telepathic message via any one of three centers: (1) through the solar plexus as *instinctual* telepathy; (2) through the throat center as *mental* telepathy; or (3) through the heart center as *intuitive* telepathy. These three methods of communication compare respectively to *telegraph*, *telephone* and *wireless* radio, which has now morphed into computer *internet* instant Earth-wide communication.

Study these radiant whirlpools of force. They are the doorways leading to other dimensions of consciousness in your existing universe and in others. They provide many keys to magical work.

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THE SECRET BREATH- TO HIGH ENERGY AND AGELESS PERFECT HEALTH

You too personally can summon the energy or *chi* needed to surmount seeming impossible obstacles and personally conquer even the final last enemy of mortal human being, DEATH itself....

Masters and Adepts of both the East and the West learned and taught these very same 'how to' breathing techniques to 'chelas or disciples' for eons.

In addition you will learn the 'merkaba' thoughtform or exact mental image you can use during your inhalation and exhalation of the secret breath.

With practice you will learn how to couple this powerful secret breath with a *whirling merkaba* mental image and a soon divulged subtle, slow lower unfolding body motion that will activate your lower 'seals'—chakras, or centers—and quickly crank up—elevate the atomic, molecular, cellular ...

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Chapter 16

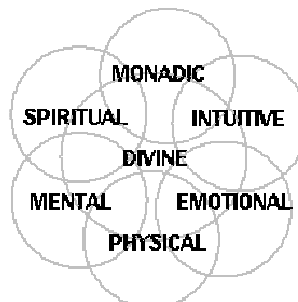
The Seven Planes

There is often much confusion for the inexperienced student of the esoteric studies concerning the *rays* and the *planes*. The subject is really quite simple. The planes are the *objective* or *form* aspect. The rays are the *subjective* or pure *consciousness* aspect. *The Seven Spirits before the Throne* is the synthesis of the life aspect. The Seven Spirits before The Throne are “the builders” and hold within them every atomic, human, planetary, solar, cosmic, universal, and every other unknown form of being in between.

The following chart will aid the reader. It must be remembered that in our 3-D world this chart is viewed in a linear fashion, yet the student of magic must learn to think of these planes—as he views them—as circular, inter-penetrating and fused into a unit of *one sphere* or life force and form.

THE SEVEN PLANES

DIVINE
MONADIC
SPIRITUAL
INTUITIVE
MENTAL
EMOTIONAL
PHYSICAL



It is important for the magician to see the interconnection between the seven planes, the seven rays, and the seven centers. These three can be looked at and studied through parallel vision. The planes represent the *objective* Mother aspect; the rays relate to the *subjective* Son aspect; and the centers hold the synthesizing Father *life* aspect. Thus, we see that the *three locks* can be known from another dimension.

The wider *Law of Analogy* and the more specific *Law of Correspondence* are two laws that every magician or esoteric student ought to understand thoroughly. Using these yardsticks will help to bring the entire objective, subjective and synthesized universe and all its myriad parts into proper human mind perspective. The Law of Analogy deals with *general* parallels—with sweeping approaches and the *likenesses* that are not so exact. The Law of Correspondence brings similarities between one form of expression and another into more refined or *more exact* detail. For example, you could say that a bird nest and a house are analogies. Both provide shelter and are homes for living 3-D creatures. The broad application of this Law becomes obvious. It serves to bring small things into focus with large things and vice versa. If you make the statement that a large multi-colored beach ball is similar to a small red rubber ball, you have a good correspondence. Several details are exact in both cases. Though the colors are different, both objects are round, both bounce and both are made out of the same base material of rubber.

Using these two laws and standing where he stands, man can extend the knowledge of his own human system into perfect analogies and corre-

spondence with universal laws. Thus, man soon learns to know God for he learns with certainty that he is made in the exact image of his Creator. In essence, man is literally a *miniature live* universe. This is more of an analogy than a correspondence.

The seven planes are the physical *extension* of the One Life. In the same way, these seven planes are also the physical *extension* of human life. Therefore, we see that we have used the more specific Law of Correspondence to gain insight into our own living form nature.

As a thoughtful 'I Am' fragmented aspect of the One Life, man lives his conscious existence on the three lower planes of his system. He identifies with his physical, emotional and mental bodies, but as time progresses and evolution proceeds, man awakens to his higher identity on intuitive and spiritual levels. Eventually, all seven major planes of human, planetary, solar and galactic existence fall under his dominion.

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THE SECRET DOCTRINE OF THE ANCIENT MYSTERIES

...Where have the secret doctrines of the ‘Ancient Mysteries’ come from? Who formulated them into this immutable unchangeable set of laws governing every aspect of life in form?

The answer is countless human souls gave their entire lifetimes to a constant quest after truth. These persistent seekers became high Initiates, Adepts and Masters of Wisdom as they relentlessly pursued, found, and utilized truth. These now sacredly aware Holy Men and Holy Women pioneered the secret *Science of Life, the ancient Wisdom Teachings* eons ago.

... The ancient doctrines comprising the long held secret MYSTERIES were formulated far back in the distant night of time, long, long before our tiny planet Earth came into existence. The knowledge about these immovable laws of life and nature ...

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Chapter 17

The Seven Rays

The Seven Rays provide the magician with seven keys. Each key unveils a unique aspect of life to the magician who turns that key. The use of these keys will determine your place and mine in the eternal scheme of things.

The student of psychology will gain a deep insight into his chosen field through the study of the Seven Rays. Naturally, this applies to the student of magic as well.

The ray force acts merely as a stream of qualitative light energy that plays upon and through every form within its range of influence. Each ray has a distinct tone and vibratory range. The magician learns to focus the energy that he needs into the proper etheric center. Then he propels it out into the world to do his bidding. Our ability to identify and consciously utilize any one of these ray qualities will determine our individual ability to bring greater command and balance to our lives. The best example of this that of the author: After learning about the rays, he discovered that he was using too much of his first ray personality in his daily affairs. It was painfully apparent to him that most people were shattered by the seemingly too direct and forceful impact of his communications to them. At the same time, he fortunately recognized that he was a second ray soul. It became obvious to him that he could readily bring about a more bal-

anced attitude in his own life through a willfully increased flow of gentle second ray magnetism. The fact that he succeeded is apparent to the benefit of those with whom he interacts. Today his demeanor is deliberate and determined, yet calm and gentle in thought, word and deed. It is all a matter of focus.

THE SEVEN RAYS				
RAY	QUALITY	COLOR	SENSE	PLANET
FIRST	WILL & POWER	RED	TOUCH	VULCAN
SECOND	LOVE & WISDOM	BLUE	INTUITION	JUPITER
THIRD	ACTIVE INTELLIGENCE	YELLOW	SIGHT	SATURN
FOURTH	HARMONY THROUGH CONFLICT	ORANGE	SMELL	MERCURY
FIFTH	CONCRETE SCIENCE & KNOWLEDGE	GREEN	MIND	VENUS
SIXTH	DEVOTION & IDEALISM	VIOLET	TASTE	MARS
SEVENTH	CEREMONIAL ORDER & MAGIC	INDIGO	HEARING	MOON

From the perspective of color, each of these seven rays is a combination of white light producing, when seen as differentiated, the three primary and four secondary colors. Note on the foregoing chart of the rays that the three primary colors are also the first three major aspects of being. Once more, this demonstrates the efficacy of the Law of Correspondence. Color serves the multi-hued, multi-shaded veils of life, light and shadow blended in Creation to make up all phenomenal forms of existence.

Eons ago, the Adepts of Esoteric Science solved and compiled the newly unveiled pertinent mysteries of life and being behind and within our entire universe. They diligently examined the quality aspect of each of these seven brilliant streams of energy. In time, the psychological personal behavior within each of the seven rays were finely differentiated, separated and categorized into their known aspects in terms of psychic content. This data is the rock-solid foundation stone for exoteric, esoteric and divine psychology. Now, thanks to many newly embodied world servers functioning as gurus, teachers, authors, lecturers and documented psychics, this previously well-hidden information has become available to everyone. Many forward thinking psychologists and scientists are using this information and incorporating it into their own important pragmatic work and research.

The magician who studies and masters the Science of The Seven Rays will be able to work closely, intelligently and harmoniously today in the widely expanding fields of magnetic healing, astrology, psychology, the arts, or in any other *stage* of life on Earth that he chooses. I guide the ultra-serious student of magic who yearns to gain an in-depth knowledge into The Seven Rays to obtain read, ponder, ponder, and ponder all the books authored by the Master D.K. as received and scribed by Alice A. Bailey. These are by far the most detailed, most explanatory written works in the world about the aspects and attributes of the rays, including every known highly esoteric or occult subject in nature. Of the nearly 20 books in the fascinating Alice A. Bailey series, published in English by Lucis Trust,

The Treatise of Cosmic Fire stands out as all-time classic work in the science of the mysteries.

May all seven of the mighty universal and dynamic cosmic forces find free, fully mastered and firmly controlled sovereign expression within your own awakening divine nature. When you can consciously recognize and synthesize all of these seven ray qualities within your own beautiful, loving 'I Am' self, then you will indeed be a powerful magician and, by Law, a conscious *Initiate of the Third Degree*.

The door stands wide open and *the way* stands open before you. Look within.

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Chapter 18

The Etheric Plane

In our studies of the secret esoteric lore, we have learned that man normally lives confined and controlled to and solely in the lower three worlds of existence. Here and there, a few newly incarnated and more consciously advanced human beings have succeeded in breaking through the confines of these natural electrical barriers. Each new world server has thus added more light into the intuitive and spiritual natural and the graded higher planes of life within the realms of our Earthly human existence.

The magician knows that the etheric plane of the etheric body is the true level of physical existence and being. Average people think that the gross physical structures seen and engaged around, within and outside them are the only genuine and dependable stable reality. They do not realize these perceived *form* aspects or attributes of nature and life are only inert substances, aggregates of atomic elemental and deva life beings.

The magician knows in the *real* world that the physical plane or physical body is a filled in electrical, etheric template or individualized blueprint that substands the solid outer core and shell of all living beings. When the magician concentrates on his own various physical vehicles, he focuses and directs his energy into his etheric centers behind the veil, not into the organs, glands, muscles, fin-

ger, etc., externalized as such. He knows that 100 percent of all changes occur from an inner *magnetic* point of consciousness, not from an apparent outer *electrical* modification. The outer plane can be built up, modified or totally dissolved through control of the electrical centers within a chosen form. The wise knowing magician never concentrates energy upon the gross atomic structure. He electrifies or vitalizes his target through awakening and vivifying the necessary etheric centers using magnetic powers, thus the Law of Attraction, to fulfill his desires.

Keeping our subject of the *etheric* plane in proper perspective, we must remember that all forms are connected to all others forms within one gigantic etheric body. The ONE SOURCE GOD exists as a whole, complete, unified sevenfold etheric structure. This understanding reveals to us why we may or do have instant communication throughout the entire field of cosmic space. All pathways in all forms of consciousness lead eventually to every dimension of each living entity or *atom* in space. The magician is the one who has studied, pondered and learned the geometrical and mathematical schematic of the universe. He understands his own relative position to all other life forms. From where he stands, he can send out or pull in the needed energy from one of these near or distant etheric centers of God. The greater his range of consciously perceived contact and control, the greater magical power he possesses.

The center at the base of the spine is closely linked to the etheric plane. It holds the *kundalini* or “serpent fire” in *latency* until the geometrical alignment of the centers within the magician are

correct. The bridging correspondence to use is seen within any seed planted within the Earth that when the exact critical point of the elements of heat (*fire*) moisture (*water*) and oxygen (*air*) reach a critical mass point, the life energy ascends, arises and blooms forth finally into a mighty oak tree or a lush tomato plant.

When the proper alignment occurs within and without, the serpent fire naturally spirals up through the outer six major centers at the exact right moment, vitalizing and electrifying the entire etheric human system of the initiate of magic into high spiritual activity. Aspirants are warned to allow a natural process to occur and to not to try to awaken the serpent fire prematurely for great individual physical body and psychological harm can ensue.

Ordinary man does not conceive of the higher four sub-planes of his etheric plane. He considers merely the lower three sub-planes enfolding or surrounding his limited sensory system to be his only reality, i.e., *dense, liquid, gaseous*. Scientists are just now beginning to tap the electricity of the central or fourth sub-plane. Suicides and any other Earthbound entities live out their existence, confined to the lower mental, astral and etheric plane until released in due time into and within the higher four sub-planes of the systemic etheric plane.

The magician uses his precise knowledge of the etheric plane in his work. Seventh ray energies are especially potent in the seventh or lowest sub-plane of the etheric plane. Sixth ray gains potency through the second sub-plane, counting upwards.

Fifth ray energy works more effectively on the third sub-plane, counting upwards. Fourth ray energy finds natural affinity and increased power on the fourth sub-plane counting up or down. Third ray energy may be further empowered on the third sub-plane, counting downwards. Second ray energy accelerates magnetism on the second sub-plane, counting downwards. First ray energy has a mightier and often shattering impact on the first sub-plane of the etheric, the “shell” or physical plane.

The etheric plane is the first realm that the aspiring magician must understand and conquer. Now let us study the mysterious fluid heights, widths and depths of the astounding astral dimension.

Ω

Chapter 19

The Astral Plane

The magician works often in the 4-D astral, or emotional, plane. This is the realm we all enter during our hours of physical sleep. Once our physical brain is quiescent, our astral-mental self disconnects the consciousness thread from our etheric head center and links up to our astral head center. Then our only bond with the sleeping physical vehicle is through our life thread connected to our heart center.

Average man exits from his physical apparatus via the solar plexus.

Advanced initiates or magicians may slip out of the physical plane into the astral plane by way of the heart center or head center. The thin life thread trailing behind them, known as the *silver or golden cord*, is what astral travelers use as a going and coming *roadway* in their colorful astral world journeys. Everything is very fluid on the astral plane and this life cord stretches behind us—each and all—as we travel away from our sleeping form.

It is worth emphasizing that this thin silver band of light energy also provides us with a channel of instant return to our physical vehicle when necessity calls, corresponding somewhat to the snapping back of the released end of a taut rubber band.

A point of interest: the only real difference between actual physical death and going to sleep

every night is that instead of disconnecting both consciousness and life threads as in death, only the consciousness thread is disconnected in our sleep process. Until physical death intervenes, the life cord remains ever linked to our etheric body while the silver cord provides a pathway of instant return for the astral 4-D sojourner.

Just as the center at the base of the spine is the major center connected to the physical plane, the solar plexus center provides us a major exit out of the physical plane into and out of the astral plane. All magicians eventually learn how to move consciously out of their physical bodies and into the astral plane at the moment of sleep. The magician remains completely aware of his transition out of the physical realm and into the astral. This marvelous fluid facility comes only after long and lone periods of exceptionally disciplined practice. This means you must be alert—taking a small, calm increment of centered consciousness with you—as you disconnect and fall asleep. In time and with practice, you will be able to make that *out-of-the-body* astral plane journey consciously. *Try it tonight!* You will learn through self-experience that you can go slip out of 3-D and go far, far into 4-D dreamland *consciously* if you program your conscious intent to keep a small point of awareness alive within you to act as a silent, but watchful and often even a participating, *observer*.

The dual activity streams of falling asleep and keeping slightly awake shows again the many paradoxes encountered by the magician who probes into the mysteries of life. There is a close correspondence to our conscious *sleep-awake duality* and our sudden awareness of a higher and a lower self.

The extra bonus gained by the magician who learns how to cross the physical and astral barriers consciously is he may make a conscious exit from his physical body during the moment of physical plane death. Obviously my training in magic in former human embodiments prepared me for making a very conscious exit during my death experience at age 18 in this physical body.

The 4-D astral plane serves as a medium for the white magician to demonstrate his intent and ability to serve humanity. This also is where consciousness many students of the mysteries gather and study, usually under some senior disciple, initiate or Master.

The fluidity of the astral plane becomes obvious when you realize that the lower astral regions are filled with demons, hideous thought forms and black magicians. This is the seeming hideous hell state so glibly talked about by misguided Christians. Many serious drug abusers often find themselves “spaced out” in this nightmare region. I interacted fearfully with these demons during my sudden capitulation into the lower levels of the astral plane since just prior to that death, my body and being was seething with great rage and anger. You can learn more about the demons, hell state and heaven state in my book, *Life in the DEAD ZONE*.

The white magician normally has no affinity with these lower belts of consciousness, and therefore rarely contends with them unless drawn into low vibratory thoughts just prior to falling asleep. Life always seeks the harmony and balance of its own vibratory life level.

The higher regions of the astral realm are filled with love and fiery great aspirations. These are the high states in consciousness tapped by the spell-binding orator, the master poet, the master artist, a master singer or a musician, etc., who enthrall their audiences because the entire audience as a whole is uplifted to new vibratory heights. This is also that sacred region where the white magician lifts conflicting individuals, groups or nations into ideal expressions of loving harmony and peace with each other. The sixth ray of *devotion and idealism* finds a natural affinity and its targeted expression when drawn and focused by the skillful white magician into the higher astral regions.

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Chapter 20

The Mental Plane

Though primarily connected to his heart center, the white magician learns early to *stand in consciousness* as a neutral observer on the mental plane in and through his everyday activities. From this safe lofty elevation, he perceives the streams of energy coming and going beneath him—attached, but detached. This rare ability consciously to keep high above the din and clamor of the physical plane and the swirling miasma fogs of the astral plane makes the white magician capable of thinking things through while those around him are frightfully lost in the emotional floods *delusion*, the smoke of *illusion* or the *maya* of physical rock-solid drama.

Each of the three lower planes—physical, emotional and mental—are synonymous with Earth, water and fire, respectively; consequently also respectively corresponding with *maya*, *delusion* and *illusion*.. The magician instead uses the firelight of the mental plane to focus on his immediate objective like the heat of a magnifying glass that focuses the rays of the sun into a concentrated bundle of fiery hot energy. The magician knows that the mind has a dual function. It can separate, divide and expand; or gather, fuse and concentrate into a small point, correspondingly in function to a microscope or a telescope. His ability to control the mind and make it go instantly one way or the other is a learned expression. In the normal individual, the

forces of the mind are more scattered, more or less uncontrolled. It takes hours, years and often many previous humanly embodied lifetimes of conscious effort to gain control of his wild racing mind. Many of my students who quietly sat in a formal meditation posture for the first deliberate time in this incarnation were surprised how their thoughts went racing uncontrolled from here to there without any rhyme, reason or intelligent direction. Only after considerable patient inner silent and calm self-observation with very deliberate, aware effort does the mind become the servant, rather than the master, of your life. That is the point when the aspirant to magic becomes effective. Unless he exerts a consciously controlled mind, his vastly gathered knowledge, including all the locally known theory and knowledge of the exact geometrical and mathematical constitution of the entire universe, remains but a band of useless static energy.

The mental plane is the launching pad where a new thought-form is built, energized, released and guided toward their target. If the thought-form is constructed accurately and has enough vitality, it stands a good chance of reaching its destination very quickly and effectively.

When you consider that a deliberately projected clear, high vibratory, positive thought must cross down through the alluring astral realm and then must pass through the negative physical field to an exact *point of attraction* in time and space, you begin to realize how much science is required in becoming a master magician like our beloved St. Germain.

There are many cross currents of energy that can and often do prevent your initial thought-form from descending straight to its goal. If any force field along the way exhibits a more magnetic or stronger resistance or interference, the thought-form of the magician can be deflected or halted along the way. In some cases, if the magician has not succeeded in making a complete personality release from his creation, it can come back to him like a boomerang and make his effort futile. In the case of the black magician, he becomes the awful victim of his own vile creation.

Whether or not a person has aspirations toward becoming a magician, he shows great intelligence, self-stewardship and wisdom when he refuses to live his daily life on the wildly churning emotional or astral plane. A magician on the mental plane—not swept up into the miasma—can look *over* or through the clouds of steam and mist that veil this sight from those so deeply immersed in the watery drama of the agitated and greatly roiled delusion of the astral region below.

The aspiring magician who comes from the heart and keeps a conscious, ever alert, focus on the mental plane also gains greater and greater potency in the power of his thoughts. His forces are no longer scattered and diffused, and instead are concentrated and powerful. His greater familiarity with mental substance allows him to modify an abstract idea into the desired thought-form with ease. Meanwhile, the person focused on the astral plane has great difficulty molding and marshalling the substance of his life on the mental plane into an economical and accurate shape. If you want to be an absolutely powerful white magician, you will

learn all you can about the mental plane and the electrical substance available at will that you can modify into activated and concretely expressed thought.

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Appreciation from Unity Churches

“Russ Michael is truly a teacher of the New Age. His books, lectures and seminars have reached thousands of students, inspiring them to find within their own consciousness the spiritual expansion and direction which will lead them to true soul fulfillment. I consider him truly one of the highly evolved and inspired teachers in the world today. I know that all who are in touch with him will be inspired and will gain new vision for their own potential.”

-Donald Curtis

Chapter 21

The Intuitive Plane

The intuitive plane is where all white magicians contact one another. The vast Ashram of the Great White Brotherhood on our Earth gather, meet and work from intuitive levels. Individual white magicians reach into this plane to intuit their particular part of the plan of God being worked out on Earth at any given moment. The Will of God, the Love of God and the Activity of God; all find a channel of conscious 3-D *expression* or *manifestation* on this, our lovely planet, through the white magician. These representatives of our planetary deity join as one conscious unit on the intuitive plane. This is, as you know and can appreciate, the realm and world of the soul.

If you will again study the chart of The Seven Planes, you will see that the intuitive plane occupies the central place within the seven-fold division of these planes. It is at a *zero-state* or *rest point* position. There are exactly three planes above and three planes below. The black magician remains limited to existence in, though often with powerful control of, the lower three planes only. The white magician may move upward and onward to study, and eventually understand and masterfully control all seven planes of consciousness. When this happens, the white magician is then fully aware of his own God Consciousness.

As you know by now, by turning his attention away from his inner soul self the black magician cannot go higher than the third plane because nothing is developed or earned within him that will register any contact with any of the higher levels of consciousness. He has no intuition of the soul, no straight and true Creator Source guidance system at work within like the average person on Earth or the white magician. All his gathered self-power and magic is contained and is thus limited to and within the lower mental, emotional and physical material planes. He finds and expresses potency through his knowledge and control of all abstract and concrete thought, again limited to the lower three planes. His practiced mental knowledge and cold, heartless, mental self-control permits the dark brother to be dominate over the forms of life in the lower threefold world. The group that yet wreak war, terrorism and a disdainful concern for human or any other form of life on Earth are known as the *dark cabal* but have given themselves the guileful name of "*the illuminati*."

The magician learns that every form of life can be dominated from the next higher plane. The physical form can be controlled by the astral; the astral by the mental; the mental by the intuitive, and so on. Thus, the white magician who can reach and direct energies down from the intuitive plane can dominate all the regions within any planes of existence below him.

All information obtained from the intuitive plane is held secret until the unfolding plan of God has been firmly anchored on Earth. The black magician, who cannot cross the gap to this region of consciousness, is ever interested in discovering ex-

actly what the Great White Brotherhood has next in mind. If the Black Brotherhood knew what was portended on Earth, they would rally all the forces at hand to delay or alter the forthcoming new spiritual manifestation. The white magician who earns and uses his right to tap intuitive levels, and who knows much or some of the exact plans of the *Spiritual Hierarchy*, is pledged to esoteric secrecy.

The Initiate who penetrates into intuitive realms gains insights into the future that no 3-D person or black magician can do. He is the magician who has learned to give serious attention to his hunches. Whatever we give more *attention* to lives more in our consciousness. If we give more attention to our intuitions, we gradually by Law must become more intuitive; and so the circle grows. As we give more attention to our impressions, we become more impressionable. Our sensitivity to subtler streams of force supplies the ways and means for each and all of us to become *masters* of our trade.

Even the black magician must learn to detect one stream of thought or emotion from another if he is to understand what is transpiring in his environment at all times. His sensitivity, of course, arises from the fear levels in his solar plexus, so will be different from yours or mine. There is no iota of sympathy genuinely extended between a black magician and his targeted victim. Assassination, therefore, is used when possible. The black magician *merely registers* a positive or negative force. The dark sorcerer senses out what his victim feels or thinks. He cares not a bit about his grief or joy. He simply uses his perspective to gain control.

In the same kind of situation, however, the white magician feels sympathy with his fellow human or creature that has fallen. He seeks quickly to bring about a more expressive opportunity for self-will, self-choice, less pain and quick rejuvenation or recovery to him or it. My hope is that you will soon touch and express the many uplifting sights and joys only the awakened 'I Am' God-self on our infinite, eternal, intuitive plane can bring into your life.

Ω

**What eBook and Michael Worldwide
Newsletter (emailed daily) Readers Say**

I would like to receive a list of the works/eBooks by Michael Russ, so that I can choose the title(s) which appeal to me and order them. Thank you very much.

Blessings

Enzo (from Italy)

Chapter 22

Controlling Elementals

Many individuals are unaware that all elements have life and therefore are living entities with a special function and purpose. Without the micro life forms that constitute the construction of his very own being, man would have no solid foundation—no platform for self-existence. There would be no grand majestic Earth. No water, no fire, no air and no ether for him to register, bump against, see, feel, taste, touch, smell, walk on or BE at in time and space. The white magician rarely works with these involuntary lives.

The black magician is the student of occult lore who has learned how to summon this *army of the voice* to his conscious bidding. Through certain external and internal rites, he literally calls forth and forces the elementals that make up every aspect of creation to gather, to disperse to the four winds, or to perform whatever action needed to fulfill his goal.

Here then, worth repeating, there exists great danger for either the white or black magician who unleashes these forces of nature *without knowing how to control them*. He must know the exact ceremony, ritual, and mantram necessary to control the different grades of elemental lives. The magician must have a trained mind capable of directing these tiny lives into the shape or pattern that he wishes. It is obvious that the man who does not

have a conscious ability to concentrate his own mind forces and to hold a steadily focused image will not be successful in this aspect of the magical work. He may very well succeed in releasing these elemental lives from their confinement, for ENERGY FOLLOWS THOUGHT, but unless he can sustain a high level of conscious control over his mind and emotions for the necessary time and consciously focused effort required, he will unleash forces that could quickly destroy him and others.

Einstein and all the other brilliant scientists who worked on creating the safe use of the atomic bomb were well aware of the dangers involved in their experiments. They had to find certain elements (elemental lives) that they could release from atomic confinement, and yet they had to keep these living energies contained to expansion within a certain limited area. They moved very cautiously, always making sure that they had accounted for a reasonable margin of safety for themselves during their experiments. A sudden burst of uncontrolled chain-reaction energy could have brought swift destruction to the involved scientists and to all other life within the general area, if not to the entire planet Earth. Thus, both the man of science and the magician have learned through foresight or trial and error to proceed very carefully when dealing with hidden forces. Of course, once the scientist or magician discovers the formula or ritual involved and gains familiarity with controlled use of his given subject, he can proceed to carry out that particular alchemy, which is still hidden from normal sight, fearlessly. In brief, it makes a world of difference when you know what you are doing.

The subtle manifestation of fire underlies all elemental life, and that fire can gain force and literally burn the unwary agent who blindly releases the elemental lives. The elementals move blindly into the patterns set for them “on high,” meaning the endless spiritual *creative hierarchies*—from man upward—who plan, shape and recreate physical-plane substance and worlds.

The compacted elementals comprise the hard-core substance of creation. They are the lowest expression of spirit on the physical plane. They are tiny lives working and moving in a *downward evolutionary* arc or spiral, descending into the depths of physical existence. Finally, they lose all conscious sight of their divine nature.

The white magician is concerned with evolutionary forces, and therefore concentrates his attention on the human parallel kingdom comprised of the *great deva builders* and works with them to further the plans of divinity on Earth.

Ω

MENTAL ROOM OF MIRRORS– SELF THERAPY TECHNIQUE

Our common heritage is to be *consciously creative* dreamers.

In fact we can correctly state that the major three-dimensional purpose within each one of us is to make our dreams a living reality. We can actually give substance and life to anything we can imagine..providing our desire and persistence is strong enough. Countless others have already done it. I have done it. You can do it...if you have not yet already done it.

I once consciously used self-suggestion to create a lovely female fantasy dream lover. Within a few evenings of persistent suggestive effort I managed to physically materialize her and to engage in seeming very real sex with her—all through a long amorous night with her—to my and her heart's delight.

We finally fell asleep ecstatically in each other's arms. When I *awoke* in the morning—of course—she had vanished but my exquisitely shared night of ...

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Chapter 23

Lunar and Solar Forces

The white magician seeks to control the elemental and deva or lunar and solar forces within him. He does not deliberately activate any of these forces in others with the exception of the higher deva substances. Every member of the White Brotherhood by nature dedicates himself to aid others. They are pledged to reveal to their beloved sisters and brothers how every one of us may learn to rise above the control of elemental, lunar and deva lives within them, as well.

Symbolically, the lunar forces are related to the energy of the moon. They rise up within the astral life of every individual. These lunar forces form the lower desire aspect within man. The magician learns how to drive the lunar forces out of his system—not by resisting or activating them, but by withdrawing his attention and his personal energy from lower desires. Unless this is accomplished first, he is in dire danger of being swamped by floods of astral energy.

Conversely, the black magician always uses the elemental, lunar, and deva forces to accomplish his ill ends. He works with the form aspect—actually compressing the life and existence—of his victim. The effect is less self-freedom and anything less brings pain to the self. The white magician works to help expand the life and form of others. He brings freedom and pleasure since he gives the informing life liberty for greater self-expression.

The most effective technique to quiet and expel the lunar lords from our astral system is to sound the OM. Simply visualize the lunar forces leaving our aura and simultaneously envisioning solar or angel substance to replace them. The effect is like walking out of a dimly lit cave into the brilliant light of day, into the light of the radiant sun high overhead. Again, for emphasis, the lunar forces relate to the moon while the solar energies correspond to the sun. The bright *Angel of the Presence* lights the way for the dark *Dweller on the Threshold*.

The lunar forces are confined to our three lower astral and etheric centers, and work primarily through the solar plexus. The solar forces find major expression through the heart center. This explains why the white magician keeps his consciousness focused in the centers *above* her or his solar plexus. Without life, by Law, the lunar forces must die. May they cease to live within you!

Ω

Chapter 24

Controlling the Devas

The elemental and deva kingdoms make up the totality of matter and form on the physical plane. Elementals work with involution and devas work with evolution. Devas literally give *body* to thought—to ideas and to human and soon forthcoming superhuman concepts after end times.

Devas form the entire seven-fold apparatus of the cosmic physical plane. However, man usually deals only with the three lower deva kingdoms that give body to fire, liquid and dense earthy matter. This again involves much danger to the man who has not learned to stop identifying with these substances. Once unleashed and if uncontrolled, the free deva forces can cause much destruction in their wake. A spark that turns into an uncontrolled flame carried by the wind and turning into a raging forest fire that engulfs trees, homes and all living forms in its path is a good example about this.

The complete physical plane is held together by seven great deva Lords. Each one of these deva Lords embody a unique light or ray type of electrical force. The following analogy to the three major aspects of creation again is illustrated: The seven deva Lords make up the sevenfold material Mother form of objective mass of existence. The Seven Rays make up the subjective quality of psyche—or the Son-Daughter—of existence. While the *seven spirits before the throne* make up the sevenfold synthesiz-

ing will aspect, the Father of all existence or *All That Is*.

Each of these great deva Lords are divided and subdivided almost endlessly into greater deva builders and lesser deva builders that are comprised of their unique totalities. These greater and lesser builders of the deva kingdoms respond to the thought, feeling and vocal sound of all creative entities. They are known in magician circles as “the army of the voice.” The magician who knows and sounds the particular note to make direct personal contact with these builders can direct them into whatever seeming miraculous activity that he chooses.

The whole basis for magic stems from the fact that the entire universe is composed of vital *entified* substance. Each minute particle of substance contains a living entity. The magician simply employs a greater entity to control the attribute or the aspect of a lesser entity or host of elementals and deva forces within him.

An interesting prophecy made by Djwhal Khul is that fire departments in the future will be manned by fire fighters who will no longer use water devas to neutralize the fire devas. Instead, they will use incantation and rhythmic sound to swing the fiery destructive devas under their control.

The yogi who walks on flaming coals without burns or physical injury to his flesh demonstrates control over the elemental and deva lives *within his system*. An eyewitness reporter in *The National Enquirer* states that he saw a voodoo priest walk calmly through a flaming forest and extinguish the roaring flames merely by his presence and was un-

scathed by the inferno. This white magician (there are voodoo priests who are) could easily be the prototype of our very soon upcoming new Golden Age *fire fighter*.

Another fascinating prophecy related to us by Djwhal Khul in his Ashram is that 3-D builders will soon learn how to erect physical buildings and complete other major engineering projects through the control of deva forces. They will use sound and ritual to accomplish their daily work. Meanwhile today many advanced souls are showing our Western world that magic exists, that man can control the elemental and deva essences through mind control.

Man himself is a twofold combination of deva substance and God Self. He is therefore a true shining reflection of our Solar Logos.

When a white magician works with devas, he works only on the astral plane with devas of the sixth order governed, as you would imagine, by the Lord of the Sixth Ray. These deva forces promote the *love* aspect in nature.

By dominion over deva life, by transmuting desire into aspiration and by purification from the fires of the astral plane, man finally becomes a Magician of the Fourth Degree.

Ω

AUTOBIOGRAPHY OF AN IMMORTAL

My eyes opened wide in shock at what I heard. The loud inner voice spoke again, repeating the same sentences of the stern directive to me once more exactly, word for word.

“There is no way that you will spend the rest of your days vegetating here in a cave. You must bid your brother goodbye and begin your journey back to civilization this day. Hear me. I have spoken.”

I knew instantly that I was NOT dreaming or imagining things. This was the voice of my own *Higher Self* that I had heard so clearly on my life path on Earth at appropriate life-altering moments before. I knew at once—no matter how much of a paradise *Heaven on Earth place* this exquisite tropical valley was for me—there was no way that I could or would choose to defy such a clearly stated inner soul command. I obviously had to “get up, go forth, and do ‘my Father’s business.”

When I told the hermit—Dr. Wheatley—that I wanted to gift him with my copy of Volume 3 of The Masters of The Far East book series because I was

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Chapter 25

The Master Magician

The goal of an atom is to become a man. The goal of man is to become a superman—a spiritual being or a Master Magician. In esoteric terminology, this simply means that man has become a conscious Initiate of the Fifth Degree or a *Master of Wisdom*. Once this goal is attained, the former man aims toward God Consciousness—first at planetary proportions, then at solar dimensions and finally at universal and cosmic expression. However, here on Earth most of us are occupied with the goal of soul consciousness, then when in full-bloom identity as the Soul, to become a full-fledged White Magician a conscious member of the White Brotherhood.

Each step found and taken along the way leads to the next. After gaining a majority of control on the physical plane, the aspiring magician moves on to gradually garner sensitivity and control of the astral plane, then dominion of the mental plane. Once the mental plane is comprehended and dominated we are recognized by those “in the craft” as strong practicing brother magicians. We are then Initiates of the Third Degree.

At that point we must decide whether we will take the “left-hand” or the “right-hand” path. Will we become black magicians or white magicians? Fortunately for us all, most of us choose the right-hand path and become members of the *Great White Brotherhood* on Earth. Soon we find our rightful

place within the ranks of this spiritual *Hierarchy* on Earth.

Once we have made the choice to tread the right-hand path, we discover that there are many more Laws of Nature that we must learn to comprehend and consciously control. We see and determine that nothing short of self-realization as Master Magicians will satisfy our long-range goal. This means that we must yet succeed in surmounting two more high plateaus of consciousness. Both the intuitive and the spiritual realms of awareness must be fully known and 3-D events consciously transcended if we are to achieve that end.

Immediately ahead lies the fourth initiation, known as the Initiation of Renunciation. Jesus took this initiation when Christ over-shadowed and possessed his body two-thousand years ago. The initiate Jesus renounced all worldly things, including his own physical form, for to succeed in arriving at this high level of spiritual self-identity, we must dis-identify with every worldly possession. Not only must our material belongings on the physical plane, but our every thought and desire for Earthly things must be transcended. As long as one single spark of attachment exists within us to anything beneath the intuitive level, we cannot succeed in taking the fourth initiation.

Finally, perhaps after much agony and self-doubt, we let go and take the final plunge, releasing every particle of desire to things physical, emotional and mental. Quite often, as demonstrated by Jesus, physical death accompanies this initiation. If not, the physical form, now purified and perfectly translucent, is retained by the initiate, used as a

“bridge” or as a connecting link to his disciples and to his work in the lower three worlds. In any event, with a blinding flash, the new Initiate of the Fourth Degree finds total enlightening awareness. At the same time, he penetrates further into the arcana of life, glimpsing his new goal, His spiritual awareness, and His full control of the spiritual plane a full step ahead. He knows that he must become a Master Magician, a Dragon of Wisdom, if He is to serve humanity to His utmost ability.

The prototype of all magicians on Earth is the Master Rakoczy, who presides over and is the main channel for the ray of Ceremonial Order and Magic Hierarchical Regent for America and Europe. Slight of build; he has dark hair dark-brown eyes, olive complexion, and wears a closely cut, pointed beard. In former lifetimes on the stage of history, he was known as Proclus, St. Alban, Hunyadi, Janos, Roger Bacon, Francis Bacon, Count St. Germain and Christian Rosenkreutz, the founder of the Rosicrucian Order. This Master Magician dwells in the body of a Hungarian, and lives in the mountains of Vadja Hunyad, in Transylvania. He concerns Himself deeply with the political situations in America and Europe. He is a great linguist and world traveler.

Of course, there are many other Master Magicians working on the world stage at this moment, and many more in the making right now. The pathways that lead to self-knowledge and self-mastery stand open to all who dare to open new doors and tread strange roads. It takes courage and persistence to be successful in anything, especially spiritual success. Nevertheless, forge on! You can and will be a Master Magician someday—whether

that is five years from now or five-hundred, it depends on many circumstances but mainly on you. What are your goals? Many sad persons have bargained with life for a dollar, discovering too late that they could have set their value at much, much more and still have succeeded!

Ω

CELEBRITIES

*By the way, Sue Ann said she mentioned to you about **Willie Nelson** loving your book, The Great White Brotherhood, and that he wanted more copies of it—maybe a half dozen or so would do it for now.”*

Note: Willie shared this book with Kris Kristofferson and many of his other peers. This book also led to a deep spiritual and personal friendship between Willie and me, as disclosed in my autobiography.

Chapter 26

The White Magician's Role in Civilization Today

Throughout the universe, the two forces of good and evil or evolution and involution are constantly in opposition. This appears to be obvious on Earth today. All the nations of Earth are engaged in a supreme effort to free themselves of economic, religious and political barriers. The white magician plays a key role in this drama. He is slowly coming to the forefront of public consciousness. *The secret is no secret anymore.*

Every way the world turns is governed by thoughts and ideas. Every existing concrete form today, including the entire universe, was and is expanded and projected into existence through thought.

Every idea begins as an accumulation of thought. Then the formless idea moves down from abstract regions of consciousness and becomes a concrete thought-form, picked up or registered by one or several individuals or groups. These receivers of the new and transforming patterns of nature give more substance to these ideas as they energize them through their attention. The descent of all out-going concrete-forming energy from above follows the same sequence. It begins as an idea, becomes an ideal and ends its journey as an idol. Of course, when it reaches this last stage it becomes deva worship. The form—rather than the divine

spirit that inhabits the form—is cherished, revered, and adored. Then is the time to change the old form, and this is brought about by the descent and activation of positive new ideas.

The role of the White Magician in society today becomes obvious. He must be able to read energy patterns, to know when the old form has reached its peak of service, and then aid in the destruction of the old—not by *violence* but by the intelligent withdrawal of attention, thus of energy, from the old idol.

Note: The worker governed by high ideals and may clearly see the problem, but who attacks and energizes the problem itself, anti-terrorism, for example, hinders instead aids the White Brotherhood. Anti-this and anti-that literally aids the Black Brotherhood! Think it through. All the good intentions in the world will not advance humanity one iota either individually or collectively if that good energy is used to give life to involutory forces. Terrorism and gangsterism in any form will not be eradicated by fighting it, by adding police forces and building greater prisons. How ignorant can we get! We need to give life to light movements! The white magician shines the light of knowledge into dark places; thus, the soul of the individual or of humankind collectively, sees and knows the right choice to make. At the same time, the dark forces, thus exposed, lose their power to fool a public that knows the facts. War and destruction are not the answer. Wake up, world! If your world leaders are not working for construction, change them—but not by bullet. Ballots will do!

The Master Magician of them all, speaking through His disciple Jesus, said “resist not evil.” The white magician energizes the incoming, transforming ideas of life only! He gives no energy to the imprisoning forms of existence around him. Often groups of white magicians work together visualizing better global, national, and international conditions. They provide the open channels for the transforming will, love and action of God on Earth.

All white magicians work under one great Ashram of Christ, referring to our Planetary Christ, not the Cosmic Christ. He is the Teacher of Teachers, Master of Masters, and Magician of Magicians, recognized by the faithful in every major world religion—under different names, in different languages, but ever the same planetary Christ. All the Masters who have volunteered to stay on Earth and work with Humanity, or with any of the other kingdoms in nature, work directly under Him.

The great Ashram of Christ is divided into seven major Ashrams, presided over by seven Masters. Each Master at the head of His Ashram is a representative of one of the Seven Rays. Each major Ashram is further sub-divided into seven more sub-Ashrams—making a total of forty-nine Ashrams upon every planet. These are the forty-nine fires mentioned in the Bible—all presided over by Christ.

The white magician is a world server, a world citizen, who functions as a direct bridge from one of these Ashrams. Every white magician is linked to one particular Master who presides over a major Ashram or sub-Ashram on Earth, someone who has been his teacher, guru, or recognized Master in former incarnations. The white magician will aid to

bring forth a particular aspect or attribute of one or more of The Seven Rays. He will be involved in political, First Ray; religious, Second Ray; economical, Third Ray; psychological, Fourth Ray; scientific, Fifth Ray; philanthropic, Sixth Ray; or civil work, Seventh Ray.

In summary, as an aspiring white magician your first objective is to know yourself. Ponder the chart in Chapter 17 and intuit your own ray structure. Then reread this book as often as prompted and practice day and night to become a fully conscious white magician.

My own special incantation for you is, “May the days of your life be ceaselessly filled with the magic of discovering your very own immortal ‘I Am’ great goddess or god Self. Bless your heart, I Am Russ Michael

Ω

The Great Invocation

From the point of Light within the Mind of God.

Let light stream forth into the minds of men.

Let Light descend on Earth.

From the point of Love within the Heart of God.

Let love stream forth into the hearts of men.

May Christ return to Earth.

From the center where the Will of God is known.

Let purpose guide the little wills of men—

The purpose which the Masters know and serve.

From the center which we call the race of men.

Let the Plan of Love and Light work out.

And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on
Earth.

Recommended High Vibration Books and Study Data

Heavenletters - Book One, by Gloria Wendroff. Gloria has received over two thousand Heavenletters; one hundred fit in one book, so expect a huge series of books soon worldwide. Incredibly high vibration. The book currently is published in English, German, Greek, Romanian, and is expected to be published in about 15 more languages soon. Gloria also conducts awesome God-writing Workshops. I attended one she held in Munich, Germany. It was fantastic. Join Gloria's worldwide email list to receive her FREE daily email Heavenletter by signing up on her website at www.heavenletters.org.

Ask and It Is Given, by Esther and Jerry Hicks. *The Law of Attraction*, by Esther and Jerry Hicks. Hay House, Inc. - P.O. Box 5100, Carlsbad, CA 92018 USA; www.hayhouse.com; 800-654-5146. Extremely high vibration. **Read ALL of what they offer.** Take a world cruise with Esther and Jerry. See study data, books, CDs, etc., at www.abraham-hicks.com

Home With God, by Neale Donald Walsch. Atria books. I highly recommend **ALL the "Conversations With God" books** by Neale Donald Walsch, likewise, a very, very incredibly high vibration.

All four of the "Matthew" books by Suzanne Ward., and *Tell Me About Heaven*, by Suzanne Ward. Terrific insights. Matthew died at 17 and speaks from Heaven. Great E.T. information. Suzanne Ward is on my top 10 list of current spiritual authors. Email: suz@matthew.books.com.

SETH Speaks, by Jane Roberts. **Read all of the many “SETH” books.**

Autobiography of a Yogi, by Yogananda Parmahansa. A classic that is published in 40 or more languages. Be sure to read this one. Wowee!

The Masters of the Far East, by Baird Spaulding (series of four books). Very inspirational and a fascinating adventures read.

The Seven Rays, by Alice A Bailey. **All 20-plus books** in the Alice A. Bailey series.

The Magic Presence, by Godfre Ray King. **All of the 20-plus St. Germain ‘I Am’ book series** by Godfre Ray King.

ALL Deepak Chopra books

ALL Louise Hays books

ALL my own Russ Michael books (please see the final section, “Final Note from the Author Scribe...”, for information on how to obtain eBooks and how to subscribe to my FREE daily email Michael Worldwide Newsletter)

Finding Your Soulmate, by Russ Michael. In 13 languages, this best seller is still selling strong after 35 years. Publisher: Jan Johnson Red Wheel/Weiser Books/Conari Press, 500 3rd Street, Suite 230, San Francisco, CA 94107. Phone: 415-978-2665, x102. Fax: 415-869-1022. Email: JJohnson@redwheelweiser.com or visit their website at www.redwheelweiser.com.

Your Soulmate is Calling, by Russ Michael. Hazard Press—New Zealand (in 12 languages). Email: Danielle@hazard.co.nz or visit their website at www.hazardpress.com.

Autobiography of an IMMORTAL, by Michael, 'I Am' (AKA Russ Michael). Already contracted for publication in Romanian, Greek and German. I am expecting to contract publication with an English language publisher soon. Available to publishers in Word or as a PDF file through email:
contact@RussMichaeleBooks.com.

THE SECRET—is No Secret Anymore. ASK and There Is NOTHING You Cannot BE—DO or HAVE, by Russ Michael. Available through this publisher, and probably many others worldwide. Available to publishers in Word or as a PDF file through my email:
contact@RussMichaeleBooks.com OR order directly from the website www.TheSecretIsNoSecret.com

Soulmates, Twin Rays and Special Lovers, by Russ Michael. Latest authored book is expected to be published in many languages soon. Available to publishers in Word or as a PDF file through my email:
contact@RussMichaeleBooks.com.

HARNESSING the Power of The Universe, by Russ Michael. Coming up next. When completed, it will be available to publishers in Word or as a PDF file through email: contact@RussMichaeleBooks.com

What People Are Saying

What eBook and Michael Worldwide Newsletter (emailed daily) Readers Say

"I love reading your e-mails and am collecting your books. Have three would now like to order books #1 -5- 7. That makes three more! Please forward instructions..."

I have been receiving you wonderful daily information letters for a long time, for which I thank you very much. I am always sharing all the information with my friends and students Lately I have had problems in receiving my mails. Please send them to my other address ... we are on a wonderful Journey, getting closer every day. Much love and light to you,

Hi, Michael...

Thanks for printing the GREAT feedback in your newsletter regarding both the presidential campaigns AND the British talent show videos. I really appreciated learning more about Paul Potts and his CD that is out now...and what a treasure to see and hear the sweet and talented 6-year-old girl who was also part of the show! I don't watch much TV except to keep up with news and weather and only look at "youtube" when someone sends a link. So I do appreciate the many informative and fascinating links that you send us in your newsletters.

Hugs and Blessings...

Edie

I would like to receive a list of the works/eBooks by Michael Russ, so that I can choose the title(s) which appeal to me and order them. Thank you very much.

Blessings

Enzo (from Italy)

Dear Michael,

Had to be away for a few days and came home to all your WONDERFUL messages that I had missed. Thankyou, Thankou. You are truly a treasure !!!.

Thanks again!Have a Blessed Day,Barbara

*Hello Michael - Thanks for your speedy reply Michael. I get up early in the ayem, sit down with a cup of coffee (with Neutralizer it it :) and read your mail. It is a pleasure to wake up that way to the world at large.
Love and Hugs, Pat*

Dear Michael

*Every word pours from you like gold.
Gloria Wendroff [Heavenletters]*

Dear Michael:

*I'm working hard on myself so I could have this 'equal' to drop in, soon I hope! I am just now reading the part about 'what' we are really looking for in our soulmate etc. It's most inspiring Michael.
Thanks a ton!
Many blessings to you and yours*

I am enjoying the Ebooks I received and am really grateful that you have put this material altogether so well and easy for anyone to understand, with no conditions around it except to understand and choose to convert the information to knowledge.

*Thank you very much for all the work you are doing.
Blessings, Sybil*

I love the newsletter....It's the only way I can stay in the "know" of what's happening "up/out there".....Love&Light to your "lightworking" as well as mine.....Wayne S.

*Dearest Russ Michael,
First of all "You rock"!
Thanks for being such a light, and helping to spread the
love.
I would like to have yesterday's Michele Eloff from Africa's
report part two...
I so thank you my brother....
Namaste, Sophia (Rev. Sophia of Sedona)*

What Readers Say

*"Thank you for autographing my copy of Finding Your
Soul-Mate. ...the book was fascinating."*

*"My days....were filled with enlightenment. Your lecture
and books added tremendously to such. I bought two books
then and want to order 3 more."*

*"I thank you from the bottom of my heart for your books.
As I read them I cry and am electrified as my being comes
to know and understand the forces uplifting within."*

*"I have enjoyed two of your books already ... my neighbor
... is now reading your [book about] White Brotherhood.
They're fine books."*

*"Just finished The Secret Great White Brotherhood and
almost finished with Why & How of Meditation. Must say I
am thoroughly enjoying each of them. Send me catalog of
all your books, tapes, etc. ... put my name on your mailing
list for other items ... I would like to know more about you
and your work."*

*"I obtained the pamphlet 'There is No Death'. ... Please
send me as many copies as this will pay for including post-
age ... I feel the concept is one which will bring great per-
sonal happiness to many who are not fortunate enough to
believe in this."*

*"Send Russ Michael books ... I enjoyed Finding Your
Soulmate and look forward to reading the others."*

“Dr. Michael has opened a whole new dimension for me...I agree with Don Curtis, Russ Michael is great and more, he is.”

“Just wanted you to know how much Finding Your Soul-Mate meant to me...I have given away about 5-6 copies of your book.”

“Your lectures and ideas set forth in your book FINDING YOUR SOUL-MATE still have us searching for ours. The time we spent with you created another level of consciousness...we all enjoyed it very much.”

“...glad you decided to return to this planet for a while, we need you.”

“I’ve loaned SOUL-MATES to Sue Ann, WHITE MAGIC to Billie, and I’m reading the MYSTERIES.”

“I found your book Finding Your Soul-Mate at the ICC Brotherhood.” I literally could not put it down till I had completely read it. Bless you.”

“I want to let you know how much many of us in Omaha enjoyed your latest books.”

CELEBRITIES

“I certainly applaud your intention and efforts to bring more responsible programming to television, and to foster a spiritual cleansing in our nation.”

-Pat Boone

*“By the way, Sue Ann said she mentioned to you about **Willie Nelson** loving your book, The Great White Brotherhood, and that he wanted more copies of it—maybe a half dozen or so would do it for now.”*

Note: Willie shared this book with Kris Kristofferson and many of his other peers. This book also led to a deep spiritual and personal friendship between Willie and me, as disclosed in my autobiography.

MAN IN PRISON

"I do feel very enlightened by your teachings and by this—my efforts to create good positive soul force has greatly improved."

Lecture, Conference and Workshop Attendees Say

"Workshop last Saturday was very meaningful to me...I have been studying your book on Meditation. It is wonderful."

"...a lifetime Experience to my husband and myself."

"Just a short note to let you know what a profound effect you have had on my life and the lives of many others since your visit to St. Louis."

"I must say you are the first teacher that I have met that has left us with so much knowledge, and so very much to think about for a long time to come."

"I got what I needed from your lecture...thank you for your help and encouragement."

"A huge thank you for a super terrific training conference. The quality of the training ... was the most outstanding of any conference or seminar I've ever attended."

"Russ, thanks so very much for giving our community this wonderful opportunity to hear TRUTH. You are an exceptionally gifted teacher and I want to tell you that I am personally grateful for what you have brought to us."

"Thanks for a real experience found during your seminar in Dallas...to find new and real beliefs."

“Thank you again for coming to Tucson and sharing your light and knowledge with us, we enjoyed your visit above all else this year...want to add a word of personal praise to your books, I read them all and am suggesting them to many others.”

“My friend...of St. Louis called me today and told me about the wonderful experience she had in attending your lecture and seminar there. I’m very sorry not to have been present.”

“You have left me much to think about, probe into, thrill over and work with. Thank you for another marvelous workshop.”

“Two years ago Russ Michael gave a seminar on the mysteries here in Santa Cruz. I have made rapid progress since then.”

“It was truly a blessing to be able to attend your lecture...all of us in Little Rock are waiting with open arms for your return.”

“We want to tell you how much everyone appreciated your enlightening lectures and workshops. So many people have been helped with the formula for creating a better self image.”

“A huge thank you for a super terrific training conference. The quality of the training...was the most outstanding of any conference or seminar I’ve ever attended. Doors are opening for me on subtle levels...as I examine my current belief systems and see the effect they have been having on me. It’s a very interesting time.”

“...it gives me such pleasure and joy to be saying to you—“thank you for your help—you brought love back into my life.”

“Your instructions had the effect of synthesizing all the previous information I received.”

Other Instructors Say

"I might add that I have read several of your books and find them quite complementary to my own studies and experience."

"I'm writing to thank you for your books and your work... your writing has been a great help to many of my students and friends."

"Fate had it that I didn't meet you personally Saturday when you spoke at AUM—I must say you left a 'Glorious Impression' all I heard was 'he is so gentle and loving'—some said you were just like me—which means you must be terrific."

And from another instructor who heads a new-age institution: *"You help us all to see ourselves in the true light of love and great potential! I want to add a word of personal praise to your books. I read them all and am suggesting them to those who are truly seeking. We have adopted your words as our motto. We uphold all that unites, uplifts and expands, etc. Beautiful!"*

What TV Viewers Say

"I enjoyed you so on Damien Simpson's program. Please tell me how much "Soul-Mates" is so I can order it right away."

"I trust you and would heed your words...just being able to write to you is a pearl of great price."

What Radio Listeners Say

"I listened to you on the radio...never have I been so delighted at such a public declaration of Truth, and what with all the hurdles that were thrown in your direction by the M.C. and all those who called in later on."

"I must say how overjoyed I was to hear question after question met with such spontaneous lucidity and thoroughness, in a manner that, in most cases, the questioner seemed to be able to understand and relate to on one level or another. Amazing all the soul force a radio show like that can stir up, all over a city."

Appreciation from Universities

"...our appreciation of your lecture here at St. Cloud State and to tell you of the widespread interest in your commentary throughout the campus. You adapted yourself well...and presented your format in an easily understood manner."

"I would like to thank you for the interesting and informative presentation you gave to St. John's University...the Psychology Club felt that the evening was most successful and appreciate the boost your appearance gave our program."

Appreciation from Unity Churches

"Thank you for sharing your insights and your consciousness with Unity of Little Rock. I feel that your philosophy blends very well with Unity's thinking and I welcome your return to the Little Rock area."

-Don Bould

"Russ Michael is truly a teacher of the New Age. His books, lectures and seminars have reached thousands of students, inspiring them to find within their own consciousness the spiritual expansion and direction which will lead them to true soul fulfillment. I consider him truly one of the highly evolved and inspired teachers in the world today. I know that all who are in touch with him will be inspired and will gain new vision for their own potential."

-Donald Curtis

Twenty Russ Michael eBook Excerpts

Enjoy!

A scan through these brief excerpts will give you a “feel” of what each of these eBooks can lend toward helping **you** to fulfill what is in your heart, mind and soul.

#1

THE SECRET OF SEX AND SEXUAL ATTRACTION

There is a vast difference between sexuality and sensuality. Most people tend to think they are both sexual expressions. They are related, for sensuality rings out of your sexual reservoir. Yet when sensuality is shunned or turned off because it is mistaken for sexuality by the individual in ignorance, she or he needs to wake up and understand the difference.

The public media outlets constantly brim over with sexuality and violence—two totally different and powerfully opposite conditions. Violence always tends to breed more violence, while more sex only breeds more sex and thus more love.

More sex never makes anyone more violent. Sex releases stress and almost always makes us feel and BE more peaceful. Therefore, mixing sex and violence is like trying to mix water and oil or water and fire. They do not mix.

Sensuality arises from our sex drive. It is a very real flow of incredibly pleasing, magnetic energy that can be felt coursing up through every cell of our body and being.

When you are sensual, you are dynamically alive, as opposed to being a seemingly unfeeling and sexless person. Sensuality makes the blood flow to the face and through your veins and organs. It brings a pleasing “rush” into your body consciousness and being. It makes you want to get up and conquer the world.

Sensuality makes you feel like being productive and creative. It adds zip to your walk and your talk. Sensuality enhances everyone who has an abundant flow of it in their physical body both physically and spiritually. It makes you unusually attractive and magnetic. Therefore, cultivate and generate your own growing supply of ever on-hand sensuality as much as possible.

Do not buy into the social-consciousness pressure that says being sensual is being sexual. It is no crime to be either sensual or sexual. Everyone is sexual whether they acknowledge it or not, as explained in more depth in later.

#2

YOUR SOULMATE IS CALLING

(Still selling today in 13 languages)

SPIRITUAL LOVE

More than 98 percent of all *love relationships* presently experienced on earth today have *arisen* and are driven purely from body chemistry. This is

what we know as biological love. There is certainly nothing wrong with that. Love in any form elevates our human body and spirit. However it is very sad when *less than 2 percent* of all human love relationships on this planet today have a meaningful *spiritual* base.

In an average human lifetime of 70 to 80 years... the average person will manage relatively fleeting seconds of a genuine spiritual touch with others. Perhaps only a total of 20 minutes in severe cases...during their whole life period. Instead of us ruling our bodies...our bodies...our ruling us. What a great waste of priceless consciously God-gifted new life moments.

However a rare few individuals have learned how to be their goddess self or god self so totally that they indeed can know and easily express spiritual love to one another daily.

The ultimate fantasy *of a great spiritual love* is very possible indeed. However it requires that both mates know who and what they are...and both feel 100 percent *safe and secure* in sharing and being vulnerable with each other.

Until such a shared intimacy with others is known a fully expressed spiritual life is impossible. Yes...each one of us is a god in human form but only when we know and express it. Otherwise we are operating on and from a mass of neurons...firing electrically and chemically in our biological form...we call our physical human body. The *hu* in hu-man means *spiritual*! *Hu* and *man* together *in one body form* is named a human.

The womb-man...naturally fits this same body/ spirit fusion as a female hu-man. A human is a human is a human.

Once *spiritual* lovers *impact* with each other lightning strikes and the deep passionate love they share with each other defies description! *Sheer bliss* is....

#3
THE SECRET PROVEN \$UCCE\$\$
FORMULA TO WEALTH,
HEALTH & TRUE LOVE

Thousands of people have made their dreams come true by following the \$UCCE\$\$ FORMULA outlined in this book and presented in my countless lectures in most of the major cities across our vast USA country. There is no reason why you cannot make all of the yearning, burning desires within you a physical reality within any reasonable time that you choose. By the time you have finished reading this book you should feel completely assured that you can and will have all the success that you have ever longed for or dreamed about.

Think about it. If I can make my wildest, seemingly impossible dreams come true—if tens of thousands of other ordinary individuals like myself and you have used this \$UCCE\$\$ FORMULA to make their dreams come true—why can't you? You can, of course! For no single person or group has any greater access to the universal wealth that is waiting to be shared than you or anyone else who chooses to have it. It is not necessary for you to

have a single dollar or a single obvious talent—or any kind of material possessions—to make this \$UCCE\$\$ FORMULA work for you.

The world is an ever-changing pattern of living energies, for no one is destined to hold a star or key position forever! The Creator Source of this world made it a school of learning, allowing each one of us in our own right and time to create joy or sadness, to find wealth or poverty, to know love and warm companionship or express, greed hatred and ice-cold loneliness.

The very substance of earth, sun, moon, stars and endless realms of existence are in constant change. From one very real viewpoint this entire drama of creation is a huge play. The material world at our fingertips at any given moment gives each one of us the props and pieces set upon a huge theatre-in-the-round called Earth. You and I are the actors and actresses in a splendid, exciting living dream, watching and experiencing our faiths and our fears coming true. From this angle all the scenes and acts within this ever-moving-drama-of-life are a dream. As Shakespeare—that wise sage of old expresses—“We are the substance that dreams are made of”....

Just because we take the dream so very seriously does not make it so serious and sombre. Just because the atoms of stone and steel seem so hard and everlasting does not change the fact that they are only an electrical sea of ever-changing light and shadow energy patterns and shapes that will eventually all disappear!

This earth, our moon, our sun and all the stars in the heavens above will someday be gone. Each

thing in 3-D life experience takes on only a momentary dream form!

The dream is real. It is significant, it has purpose, meaning and life. The purpose behind and within all dreams is that you and I learn how to build good life experiences together. That is your and my ultimate creative act.

Our many ‘deaths and births’ of *ideas, ideals, idols*—forms—are only relative expressions. Birth from one side of the coin is death and is life on the other side. From the viewpoint of the *One Life* there is no death! There is only a river or ocean of life moving continuously from point to point, sphere to sphere, world to world and from form to form.

Life moves constantly in three steps from an idea of it to the most ideal etheric form of it...to the final gross form structure—or idol—of it.

In this book you will discover I make my dreams come true because I have learned how to leave the old nightmares and most ideas of limitation behind. Without vision, hope and a dream of something better, life becomes a living death for anyone! That is why the Biblical statement was often spoken. “*Without dreams we perish.*”

#4

WHEN GOD SPEAKS, I LISTEN

God can do whatever God wants to do. He certainly could speak to his human children in a very loud roaring voice if he chose. However a God of love does not intentionally frighten his little chil-

dren. Therefore Creator Source speaks to us in far softer tones.

Another point to realize is that God wants every single one of his human children to grow up to be a unique and mature God in his or her own self-chosen, thus self-woven fashion. That is the kind of companionship desired by God.

God does not want any one of us to be clones. God has chosen to create a new breed of human Gods on earth. Us Gods, when fully matured, will have our own self-created minds, our own self-created thoughts, our own self-created persons, and will thereby be equal Gods with whom God can forever commingle and communicate with intelligently!

You cannot be surprised or pleased by what a clone says or thinks. A clone can only say or think what that clone's creator says or thinks. That is "old hat" and God has designed His/ Her creations so that we would—through absolute free self-choice—evolve into unconditional, divinely intelligent and equal universal creators as HIS/HER SELF!

Have you noticed in a loud crowd that when someone suddenly speaks up in a soft and quiet voice how almost everyone stops talking and turns to listen? That is how God usually speaks. God prefers to speak in almost silent whispers.

#5

THE SECRET IS NO SECRET ANYMORE...

As revealed in my *Autobiography of an IMMORTAL*, I tried many personally planned ex-

periments and successful mind-over-matter experiments. I have often seen genuine miracles performed by others. I, too, have performed several astounding miracles on my own many times.

Step 1 to 3 in the threefold process of manifestation will always be instant if at some level within our Being we hold no strong contradictory vibrations against what we consciously want miraculously to manifest. I have learned from repeated personal experiences that you must believe or have a very strong faith in your ability to bring forth what you desire. This applies more so, in fact, if you want an instant or any kind of set time or time-limit manifestation.

Through absolute faith, thinking, and belief I that could, I literally went from a state of abject poverty to a very highly self-fulfilling professional career, with a home of my own and was a smug Cadillac owner, in less than six months time. It all manifested as I envisioned and ASKED for six months earlier.

I had known from my mentors that I could not nor would not make such a quantum leap from being homeless and penny-poor to such a secure and exalted, prosperous dream state of existence unless I totally believed my transition could and would occur within a miraculously short time period of six months.

A very important point to understand is this: IF I had asked to be, do and have this bright new financial state within one month or even three months, my “faith”, or self-belief factor, would not have allowed such a seemingly impossible desire to manifest. Yet in sensing or “feeling” toward my own

future from where I stood, I felt fully confident and very certain my steadfast desire would manifest. I needed to allow me, for my belief factor, at least six months for my impossible dream to manifest physically into my world.

Six months later, as is very detailed in my autobiography, the three great desires I had asked for “lined up” to be in my very real, living, joyful possession. You must understand, as I did then, that the vibratory place I then stood in consciousness to where I wanted to be was far too different from where I stood to be an instant, or even a three- or four-month manifestation from the ethers. To go from “where I was” to where I then “strongly wanted to be” in three short months was simply too big of a jump for my mind to accept. Thanks again to all my mentors, by Law I knew I had to believe absolutely in what I “believed” in. My mind found a six-month manifestation time-frame lag possible, and it proved to be true.

I knew the Law of Attraction would only permit what....

#6

THE SECRET DOCTRINE OF THE ANCIENT MYSTERIES

...Where have the secret doctrines of the ‘Ancient Mysteries’ come from? Who formulated them into this immutable unchangeable set of laws governing every aspect of life in form?

The answer is countless human souls gave their entire lifetimes to a constant quest after truth.

These persistent seekers became high Initiates, Adepts and Masters of Wisdom as they relentlessly pursued, found, and utilized truth. These now sacredly aware Holy Men and Holy Women pioneered the secret *Science of Life, the ancient Wisdom Teachings* eons ago.

... The ancient doctrines comprising the long held secret MYSTERIES were formulated far back in the distant night of time, long, long before our tiny planet Earth came into existence. The knowledge about these immovable laws of life and nature were handed up by spoken word from generation to generation—from planet to planet—from sun to sun—until all the Sons of the Suns of the Sons and Suns in the heavens—and sentient humanoids upon the countless planetary bodies like our earth—are today able to discover the secret. Or perhaps led or drawn to He or She—in their midst—who holds the Keys to the Kingdom....”

#7
FINDING YOUR SOULMATE
(Bestseller—selling in 12 languages)

“... In this end times age the conscious urge of soulmates to yearn and search ceaselessly for their beloved counterparts grows daily. Memories from the ancient past return to hold their enticing image before us. Somewhere in the distant night of time, one special someone meant more to our soul than any other. This wondrous remembrance lifts our hearts and turns our minds’ gaze toward this one brilliant STAR rising in our future heavens. ‘Where, oh where, is my soulmate!’

“...When you find that particular ideal who meets the high standards of your own soul, then you will find and know your own soul-mate. The two are one. Every soulmate who comes into our life is there because he or she has responded to the timely invocation of our own soul. When we ask with firm conviction and unswerving faith, then we shall be given our desire. It is an esoteric Law, that every invocation must be met by an evocation. Every time we lift our earthly matters up, we bring our spiritual substance down more into worldly being. The God within us becomes a more radiant living reality outside of us. Your ideal does exist. May he or she unfold rapidly within your present field of awareness ...”

#8
THE SECRET SCIENCE OF WHITE
MAGIC—
THE SCIENCE OF THE SOUL

“...An even greater paradox: Both white magician and black magician use the exact same Laws of Nature to accomplish their objectives, but only up to a certain point. The reason is simple enough. Energy itself is pure. Pure energy can be used for good or bad. It contains no black or white qualities within itself.

The time finally arrives when the white magician forges ahead, gaining wisdom and power, while the black magician is damned by his own nature to remain confined within the lower threefold spectrum of Earthly duality existence. The white magician gains deep insight and mastery over the

intuitive plane and his power soon becomes profoundly greater than that of the black magicians.

The black magician has temporarily severed himself from his soul and has no means whereby he can tap energy higher than the *lower* levels of the mental plane. He remains limited to deal with life and substance at physical, emotional and mental levels. These three planes of consciousness act literally as a confining barrier to the black magician. He must remain within this greatly reduced spectrum of reference until the form of which he is a part, in this case his human body, disintegrates. At that time, he too returns to his former non-physical state and subject to another turn in the wheel of human reincarnation.

Meanwhile, the white magician continues onward, upward, and inward in his evolutionary expansion and sweep. There is no limit to the dimensions of his self-expansion and power in any one lifetime, for he moves every forward until once more consciously, masterfully re-enters the timeless time of spaceless space and motionless motion, and he knows himself as all SELF of *All That Is* of our **God Source Creator...**"

#9

SCIENCE OF THE SECRET ARCANE DOCTRINES

Every conquest of an ascending 'plane' of consciousness makes the disciple an *Initiate* of that particular degree—of the physical plane—First Degree Initiate; emotional plane, Second Degree Initi-

ate; mental plane, Third Degree Initiate; intuitional plane, Fourth Degree Initiate; spiritual plane, Fifth Degree Initiate, etc. etc. etc. on and on through infinite levels of Creation. When the initiate achieves mastery over the five lower planes of our planet She or He is technically known as a Master, although She or He is recognized as an *Adept* after the Fourth Initiation.

How do you, or anyone so desiring become an Adept? She or he achieves Adepthood when she or he sacrifices and forsakes *mortal human ego* self, moment by moment, for the good of humanity. The Adept lives on the plane of the soul and She or He radiates the *Love of God*. She or He reaches ever upward and increasingly identifies her or his "I Am" self with the Will of God.

An Adept can release his physical body at will and create—out of matter—a new body, a flesh and bones reality. She or He can travel anywhere at will in our planetary and solar systems while embodies within any of these self-created "embracement" bodies.

An Adept is telepathic, clairvoyant, and precognitive and able to do every kind of white magic—and more— that anyone in human form can imagine....Yet there has been too much emphasis on the psychic powers—or side—of the Adepts. This has produced much glamour and illusion about them. An Adept is still limited—within a much larger framework than you and I—yet that limitation is binding and real. By no means is he a God with infinite powers. An Adept is only an Adept when he *functions consciously* as such.

By no means are the members of The Great White Brotherhood 'out of' this world. With a few rarely known exceptions, most of them maintain and operate a physical body like our own.

An Adept is just as ordinary as you or I in our daily pursuits of life.

Why do most Adepts remain in seclusion from the mass of humanity? Their seclusion is not necessarily physical seclusion, for several of them live unknown among us. It is seclusion in thought and word; they don't tell us who they are. So you may indeed look with great suspicion upon any loudly and self-proclaimed Adept...for this is contrary to all occult rules. They will appear and give their true identities again—as soon as humanity is uplifted enough and ready—but *in no case* will they *herald the fact* publicly.

#10

100 TRUE RAMTHA MIRACLE STORIES

A master named George R., from Eatonville, Washington, explained to me how he had used the teachings he learned from the RAM to materialize \$80,000 cash in a few short weeks.

George had been looking around for what he considered the perfect home, where he could live in the days to come. He finally found it but he was exactly \$80,000 short of the price. He knew that the home was his already in consciousness, so he sat down and did the manifestation technique he learned from the RAM.

He clearly envisioned, saw and felt the \$80,000 coming to him.

The next day—driving along tourist shops at a pier—George had the strangest urge to stop at an outdoor bar and have a bottle of beer. Now George didn't even like beer. But he remembered how the RAM suggested we follow up on ideas and feelings that bubble to the surface of awareness.

So George stopped for a beer. I had a similar such experience, as related in my Autobiography.

Shortly after George was seated and sipping his beer he overheard the two men beside him talking about 500,000 plastic egg cartons. One of the men said he needed to hire someone to dispose of them to make room for other merchandise. George perked up his ears. The instant he heard the man talk about the huge surplus of egg cartons, his mind leaped to the knowledge that seed companies plant seedlings in egg cartons, and one of the major seed companies might possibly be interested in purchasing them.

George leaned over and introduced himself to the two men. After a brief chat, he took the name and telephone number of the man who owned the extra egg cartons, and told him he had an idea of how he could get rid of the egg cartons at no cost to him. If it worked, he would give him a call the next day.

First thing the next morning he called one of the largest seed growers in the country. No surprise. The delighted company's purchasing agent told him indeed they were short on egg cartons. The buyer agreed to buy all of the 500,000 cartons on

hand. He wanted another million if George could supply them. Next, George called the man with the egg cartons.

He bought the egg cartons and sold them to the seed company at a profit. By the time the seed company quit ordering a few weeks later, they had bought three million egg cartons from George.

When George tallied up his profit, he had a little over \$80,000 cash in hand, exactly what he needed....

#11 *LIFE IN THE DEAD ZONE*

You are being fed upon—whether you know it or not—whether you like it or not. That applies to anyone who feels the slightest tinge of fear, guilt, anger, depression—any one of the lower six generic vibratory emotions that our brain ‘lumps together’—as almost countless in-between sub-emotions we feel. All emotional feelings of any kind are caused by electrical friction. They are body irritants similar to the tingles of an electric shock. They are literally electric sparks within our body.

Feeling is totally different from *emotion*! Feeling comes as a divine communication from inner you to outer you, from *someone* else to you, or from *something* else to you. The ‘line of direction’ of feeling is from the One to the Many.

Feeling comes from the center or Source of selves or things. It is spiritual in essence, while emotions come from an overload—or under-supply—

of physical body energy. It acts like a mental or physical body irritant. Feeling is like a holy message from your soul that signals something is right or wrong.

Our brain only *recognizes* six generic human emotions: (1) JOY, (2) DEPRESSION (3) FEAR, (4) ANXIETY, (5) LOVE and (6) ANGER. You will note that two-thirds of these basic human emotions are negative. Also consider that we are using the term ‘emotion’ very loosely here, since joy and love are certainly positive inner ‘I Am’ godly-self *feelings*!

Entities that inhabit the DEAD ZONE over the eons only get their chemical charges of “wet electricity” through negative human emotions. They frantically devour these energies since it is the only way that they can continue a *live* existence. Otherwise, they would soon disintegrate—fall away—into nothing (no-thing).

Thus the ‘thing’ that is eating you—or me feverishly, or anyone else that feels negative emotions—is very alive and very hungry. It is a *vampire* since it feeds on the life energy of others!

It lives and grows a little more in the DEAD ZONE every time you and I, or others in human form feed it.

#12 ***DIVINE PSYCHOLOGY***

When the three bodies of man are interpreted in terms of electricity, then accuracy concerning the material and psychological states of man can be expected. Until then all the fragmented sciences

will continue to work in error. Modern science knows much about the material world, but almost nothing about the life aspect. And at present there is no single branch or science of learning on Earth that deals with the whole organism of man. Thus none of these sciences can deal adequately with reality.

As long as the material concept of one plus one equals two, instead of three prevails, science will remain blind to the higher laws of the universe. Dimensional consciousness is needed. But never fear, many scientists who read these words will do so with an open mind; many will be inspired to blaze open amazing new frontiers—within their own field—or apart from it. The old-timers, who are unable to change their present fixed view, no matter how logical the new ones present their case—or who simply cannot comprehend the mystery of life at causal levels—will die out.

There is a *new breed of scientist appearing*. She or he is open-minded and naturally think in whole terms. Many of them have discovered the use of a formal meditation technique and are using it to expand their insight into divinity. These new-age scientists will gradually...

#13
***THE SECRET BREATH-
TO HIGH ENERGY AND
AGELESS PERFECT HEALTH***

You too personally can summon the energy or *chi* needed to surmount seeming impossible obsta-

cles and personally conquer even the final last enemy of mortal human being, DEATH itself....

Masters and Adepts of both the East and the West learned and taught these very same 'how to' breathing techniques to 'chelas or disciples' for eons.

In addition you will learn the 'merkaba' thoughtform or exact mental image you can use during your inhalation and exhalation of the secret breath.

With practice you will learn how to couple this powerful secret breath with a *whirling merkaba* mental image and a soon divulged subtle, slow lower unfolding body motion that will activate your lower 'seals'—chakras, or centers—and quickly crank up—elevate the atomic, molecular, cellular and vibratory frequency rate of your entire physical human body.

One step at a time. We will 'make haste slowly' so release any fret or worry that you might not understand *how to* do it.... As we move along the simple steps—both to understanding, and to the actual breathing and body movement exercises—will flow to you and through you like a river.

#14

FINDING MR. RIGHT OR MRS. RIGHT

Are you looking for Mr. Right or Mrs. Right?

Almost everyone has looked or still is looking!
We all have a built-in image or consciously defined,

almost graphic picture of someone who is our own perfect lifelong mate. It is only natural that we yearn to find and merge with him or her. If you are in pursuit of Mr. Right or Mrs. Right, I know for certain this book was literally written just for you.

My two former best sellers, *Finding Your Soulmate*, and the sequel, *Your Soulmate Is Calling* (respectively published today in 12 and 13 languages worldwide), have generated countless heartfelt letters to me from almost everywhere around our globe. Most of my book readers are trying *to make* a soulmate out of someone they have met, that they work with or they know rather than having the patience to wait for, or better yet, reach out and acquire the “how-to” knowledge to draw a perfect Mr. Right or a perfect Mrs. Right into their waiting arms.

Think it through. Are *you* trying to make a Mr. Right or a Mrs. Right out of someone you know?

Be assured, you cannot *make* a soulmate out of just anyone. Either the natural inner and outer dynamics are there—created by you and Mr. Right or Mrs. Right—or not. If not, chasing after each other is a foolish waste of your time and of his or hers. Why waste any more time or energy on what does not work? Release that tight death-grip you may be holding onto that impossible relationship. It is obviously going nowhere, and is often a “living hell”.

Life is too sweet to waste racing around after someone who really does not care for you or who has no romantic interest in you, even though you feel or think you are ever so madly infatuated with them. *That is not genuine love!* It is a useless and

often miserable waste of valuable, personal energy needed for your well-being. That wasted vitality could be better used discovering who and what you really are or who or what you really want or need to be a grand, self-fulfilled and happy-go-lucky soul.

I can confirm it. Your knowledge and understanding of simple Universal Laws cannot only “set you free”; it can make you physically and mentally balanced and healthy, as well as filled daily with a genuine passion, love and joy for life. Relative to Mr. Right or Mrs. Right, this can lead you to making your sweetest and wildest dreams come true!

#15

MENTAL ROOM OF MIRRORS— SELF THERAPY TECHNIQUE

Our common heritage is to be *consciously creative* dreamers.

In fact we can correctly state that the major three-dimensional purpose within each one of us is to make our dreams a living reality. We can actually give substance and life to anything we can imagine..providing our desire and persistence is strong enough. Countless others have already done it. I have done it. You can do it...if you have not yet already done it.

I once consciously used self-suggestion to create a lovely female fantasy dream lover. Within a few evenings of persistent suggestive effort I managed to physically materialize her and to engage in seeming very real sex with her—all through a long

amorous night with her—to my and her heart’s delight.

We finally fell asleep ecstatically in each other’s arms. When I *awoke* in the morning—of course—she had vanished but my exquisitely shared night of passionate love still remained a ringing, singing, tingling lucid and valid memory to me. I can recall it at will to this day...many, many years later.

All that was required by me to give life to my fantasy lover was the vivid construction of her being in my mind, of her sweet feminine pure naked beauty.. coupled with my very strong desire to sexually engage—at a consciously experienced physical body level with her...in my dream. It simply took a few evenings, night after night, of strong self-suggestions and the placement of *a window of opportunity* for her to materialize into my open and waiting arms. The window or *trigger* I used is the suggestion that I would fall into a deep sleep and I would be awakened by a sudden natural sound—like a dog barking or whatever—sometime during the night. At that point I would open my eyes consciously and my now summoned lovely naked female lover would appear and melt into my open arms with a smile—and in a sultry inviting female tone—speak the 4 spoken words, “*Well...here I am!*”

On the third night of my intense invocation and desire this very alive...lovely *vision* materialized in my arms in that exact blissful manner in a torrid and impassioned sexual dream episode.

Was she real? Yes, to me—and to and through all my sentient human bodily being—she was just as delightfully solid, real and sensuous as any other

truly memorable sexual tryst that I have experienced with another loving female in my life.

It may interest you to know I was prompted to create—and *to give life to*—this fantasy lover of mine after reading how this famous hypnotist author had described in detail how he had self *hallucinated* a huge friendly and playful bear. The bear was very solid and real to him but invisible to others... I associated the word bare with bear.

#16

THE BIRTH OF EARTH AS A STAR

Just as you already now know—body and soul are two different things—your *spirit* and your unique *life spark* are vastly different aspects of your being. Your *life spark* is the core reality of what you are! Your human spirit and human soul was created *after* you came into your physical human embodiment..actually at the very first time you took possession of a human form.

As a living light entity you already possessed a life spark or central core identity—a primary central *you*—when you first incarnated into the human flesh. That powerful vibratory tone or note is what holds your unique self-identity together in whatever dimension of reality you plug into or into which you plunge.

What is known as the invisible human spirit today was created from the residue of neurons firing throughout your physical human structure. Everything from your head to the toes of your human body keeps alive—and keeps regenerating new

cells—because the core ‘tiny sun’ light of your alive ‘I Am’ light-entity self-being—residing in your human body—is firing off the neurons.

There are countless neurons in every organ, limb, trunk or brain of your being. They act almost in the same way that spark plugs in a car engine ignite and start the process of propelling the needed energy to run a car. Your miraculous human body runs off of something even more refined than spark plugs—*through zillions of neurons*. These neurons are what keeps you alive, happy and growing—from the fetus and infant stage—to a full-sized adult human being.

Most esoteric or metaphysical books make a decidedly wrong assumption. They teach that your human spirit incarnates into your body. **WRONGO IN THE CONGO!**

Here is precisely how you personally create your very own human spirit...The erection of your spirit begins immediately upon the entry of your life spark into the point of conception, moving on through the growing fetus or the young child stage. You could delay an actual ‘entry’ into your birth body via the process of consciously surrounding—or enveloping—your body up to age four, but actual physical entry is seldom later than age four.

Once you take full conscious command of your human vehicle every molecule and particle of your human body—down to the atomic and subatomic levels of being—begin to carry or sound your particular spiritual tone, a note based on your very own unique vibratory frequency wave.

Your neurons keep firing—to maintain and rebuild your human form, according to the blueprint encoded by your DNA strands and gene pool—they however fire with excessive energy, more than needed. It is this residual energy radiating out of your body which quickly and continually builds your auric or spiritual body being.

#17

THE SECRET GREAT WHITE BROTHERHOOD—MASTERS AND ADEPTS OF PLANET EARTH

... Is there really more to your life and mine than this brief span of dimly lit consciousness between life and death in our human form? Where have we come from? Where are we going? Is there really a God, a Christ, a Spiritual Hierarchy, a secret Great White Brotherhood?

Are there a divine purpose and a “Plan of God” working out on this planet? Is life as we know it here upon earth more than a mere accident of nature? Is there a deeper, higher, broader and truer meaning to your life and mine than what we feel or perceive at this moment in space and time?

All these important questions—and many more—may fully be answered for you in this volume. My entity—a very human entity known to you as Russ Michael—is consciously linked with the White Brotherhood. My knowledge on this subject goes far beyond exhaustive book reading and the mental collection of a vast storehouse of facts.

The *secret* Laws of Nature discussed in this book are laws that, like you, I must work with daily. I have learned these laws through personal experience and *conscious, experimental* application. Like many others, I Am one of many “Brothers” already here now in the flesh. I make no outlandish claim to be an Adept or a Master myself, nor even an Initiate of a High Degree. Let it be known that I Am here on Earth simply as an unwavering disciple of truth, with a mission to serve humanity and my Elder Brothers in whatever capacity that I can.

An enlightened soul knows ...

#18

WHY & HOW OF MEDITATION

Meditation is a very ancient art. It has been handed down to us from the past by thousands of sages and seers of ancient times who have scientifically studied the many particular aspects of the human mind and the conscious control of it just as diligently as any current modern scientist now studies his particular field of work. Today's *Art of Meditation* is the crowning end product of all the ancient yogas put together. It is properly named *Raja Yoga*...meaning the *King* of the *Yogas*.

You may be surprised to find that there are several different major known yoga sciences. Each is designed to develop specific areas of a human being and her or his lower three planes of consciousness. In their chronological

sequence—of human development on our late blooming planetary Earth—these approaches are:

- A. HATHA YOGA...control of our physical body
- B. LAYA YOGA...control of our electrical centers of the etheric or higher frequency physical our body.
- C. BHAKTI YOGA...control of our emotional body or emotional nature.
- D. RAJA YOGA...control of our mental body or nature.

Raja Yoga—the here last listed yoga—evolving out of the *Aryan Race* of our body of Earth humanity. It is known as *The Royal Yoga* because it contains all the disciplines and functions of all the many major former yoga's. The *physical* body is first to conquered and controlled...then the electric or *etheric* body...then the *emotional* body...and finally the *mental*.

In all aspects of life the lesser forces are controlled by the greater. The greater also contains or holds the lesser. This universal Law is immutable, forever inviolate...

Meditation *concentrates* the many processes of a *held* thought. A mind *focused* on any objective—and held on it for any length of time—can accomplish *miracles*. As I wrote this chapter a newspaper headline of the Long Beach Press-Telegram stated, *DIES, THEN REVIVED BY HYPNOSIS!*

The newsman who reported this rare episode disclosed that a woman had no **radial** pulse...she had stopped breathing. Her blood pressure was 0/0 and the heart revealed no sounds. She was declared

medically dead...but she was talked back to life through hypnosis administered by Dr. James T. Milton.

We call these amazing demonstrations of focused thought—*miracles*—only because we have not yet defined the specific energy relationship formulas involved.

Probably the most impressive revelation in your very first practice of meditation—to those readers introduced to it for the first time—will be a modestly humble—but rather joyful—introduction to your silent “I Am” *inner* and real self. Meditation will take you further and further behind the scenes of our *perceived*—seemingly so physically *objective*—but *illusionary* universe.

#19 ***AUTOBIOGRAPHY OF AN IMMORTAL***

My eyes opened wide in shock at what I heard. The loud inner voice spoke again, repeating the same sentences of the stern directive to me once more exactly, word for word.

“There is no way that you will spend the rest of your days vegetating here in a cave. You must bid your brother goodbye and begin your journey back to civilization this day. Hear me. I have spoken.”

I knew instantly that I was NOT dreaming or imagining things. This was the voice of my own *Higher Self* that I had heard so clearly on my life path on Earth at appropriate life-altering moments before. I knew at once—no matter how much of a paradise *Heaven on Earth place* this exquisite

tropical valley was for me—there was no way that I could or would choose to defy such a clearly stated inner soul command. I obviously had to “get up, go forth, and do ‘my Father’s business.’”

When I told the hermit—Dr. Wheatley—that I wanted to gift him with my copy of *Volume 3* of The Masters of The Far East book series because I was going to be trekking back across the 4000 year old trail to Lihue, then back to the Mainland of the USA . . . because I had been given that decree from inner spirit upon awakening—he was shocked.

However—being of calm spirit—he took it in stride. He said that each soul must do what he knows he must do, for that is why he left civilization. He extended his hand and wished me the very best trip back along the trail and great success in my plan to do what I could do to awaken a still very barbaric human Civilization to the fact it had a Divine Soul and a Divine Source.

My trip back on the 4000 year old trail was much easier and quicker. I knew what to watch out for and how to find the path again much faster, and where nature had ‘wiped out’ a portion of it. I estimate that it took about 17 hours of continuous hiking, with occasional very brief rests. Dr. Wheatley had given me six sweet ripe oranges to eat along the way—along with a good supply of dried coconut in a goatskin knapsack—so that energized my body and being and eased my trip back toward Lihue immensely.

Once arriving, around midnight—back at the same North end of the highway, where the arrow sign pointed toward the old 4000 year old trail—I began walking south toward Lihue and got a lift

from a man going to his late night job. When he asked and I told him where I had come from and where I was going he was amazed and wanted to be as helpful to me as possible.

He dropped me off in the central section of Lihue, beside a small Pentecostal missionary church. He advised, since I was flat broke, to sit and wait there beside the door until morning and talk to the Pastor of the church and his wife. He was sure they would find or supply a place for me to stay and help me find work so I could earn enough money to catch a plane back to Los Angeles.

He was right. In small towns everyone knows almost everyone and the Pastor and his wife were a God-send. They were very charitable and helpful beyond words. While I was there, the main Lihue daily newspaper called and sent a reporter to interview me and did a write-up of my trip. One of their reporters had actually flown in by helicopter to interview Dr. Wheatley two years earlier. They learned a black hermit was living in The Valley of The Lost Tribe—so my meeting and talking with Dr. Wheatley was a ‘human interest’ story—which they eagerly published.

Approximately 15 years later—in my journey forward through time—I would meet and establish a good friendship with Dr. Christopher Hill, at a huge spiritual conference where both of us lectured and conducted workshops. Christopher was the man self-destined to introduce SPIRULINA into the mass consciousness awareness of Earth humanity via his Light Force group.

Christopher Hill had also left civilization to live in a cave for the very same reason I did. In addition

Christopher and I had the very same identical experience of the Holy Spirit sending us both back to civilization to complete the ‘mission’ we had agreed to complete on Earth before our human embodiments.

In less than two months, a part time job brought me enough saved income to buy a one-way ticket back to Los Angeles and my Hollywood friends.

#20
SOULMATES, TWIN RAYS,
AND SPECIAL LOVERS

“Now” is probably the second most said—and yet, not fully understood or appreciated—word in any language. The first most misused word is “*love*”. We will speak of love in later chapters of this volume, but now let’s put our attention now on the word ‘now.’

In brief, the past is gone. Thus in reality—and that is what counts—our *past* simply does not exist any more. The future is equally as nebulous. Nowhere can it be tapped, probed—or found to exist—in our very real now moment.

Scientists can try and try senselessly forever to probe—our past or future—but it is nowhere ‘on record’ *now*. It’s

because—from our very limited physical three-dimensional perspective—or view—only the one *Eternal Now* time exists.

Right now. In this immediate now—planetary moment—Earth is laden with promise. It’s now

that more and more souls—abiding ere—will be attracted to and will find their *soulmate* or Twin Ray!

It has been ordained that all of us embodied on Earth now—as you will hopefully understand before or by the time you finish reading and pondering this volume—are *destined* to meet and merge now with our own very, very 'special lover' in these swiftly closing—final days—of our *duality* cycle upon Earth.

This warm intimate human gender duality union is simply a needed first step in the ultimate mergers of humanoid individuals with individuals—then groups with groups—and nations with nations. This is how we each and all get to personally know ourselves—as loving brothers and sisters—of one mighty, lovingly unified *human family* on our daily ever more radiant *Star Nation* Earth.

In the now unstoppable rebirth of our 3-D physical Earth—into a 5-D *newly born* re-named *Terra*—all of us—who so choose—will rapidly be attracting and merging with our *soulmates* or our Twin Rays. The 'light of knowledge' and the new 'light of the soul' has lifted mass human consciousness to—*now* sudden new near critical mass heights.

This in turn leads all of us on Earth—to the higher dimensions around and *within* the sacred '*I Am*' self of each and all of us....

Never before—in the more than 8 million years of sentient souls embodied in humanoid bodies—in our universe, has there been a time—or a human inhabited planet—when *soulmates* and Twin Rays 'call out' so loudly and so strongly to each other!

We are privileged and so very fortunate to live in what is now known in spiritual terms as the *end times*. The *end times* does not mean the end of our *physical* world or—the destruction and end of any planet—solar system—or near or far galaxy, in the omniverses, or cosmos. It means one fully experienced life cycle or *turn of events* has finished as those—in whatever kingdoms of nature or bodily form—simply and naturally, move on to *greater good*—in the endless realms and ‘many mansions’—of *God’s*—our Creator’s—vast and infinite universal reality!

Final note from the author scribe...

In addition to my best-seller, *Finding Your Soulmate*, which is still selling in 12 languages, I have written more than 20 published self-help books and I invite you to obtain and read them all.

After my death experience at age 18 and in the unfolding due course of my spiritual work, I have received thousands of letters of gratitude from readers of my books and from many grateful attendants of my workshops who have found their soulmates or their Twin Ray life companions, or made their wildest, most impossible dreams come true. A few days ago, I received an email from someone who recently obtained and read my 360-page autobiography.

Dear kindly eBook reader,

This is what Carolyn Tester had to say to me about *Autobiography of an IMMORTAL*. Bless her heart.

I don't think I have ever enjoyed reading anything as I am now doing with your autobiography. I'm now beginning to read slower and slower ... as the end of it gets nearer ... a habit I've acquired when in a GOOD read.

*Love to you and yours,
Carolyn Tester*

If you enjoyed this or any other books of mine, please encourage your loved ones, friends and associates to obtain and read them all.

I suggest that you obtain my own *Autobiography of an IMMORTAL* or any of my current 13 eBooks—soon to be 20 or more.

Enquire now (or later) at:
www.TheSecretIsNoSecretAnymore.com

Or contact me at my personal email address:
Michael@RussMichealeBooks.com

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